

# BIRTHDAY BOX INSTRUCTIONS

**A milestone birthday for a senior is a really big deal. We could use your help to make it extra special.**

## To Prepare:

Fill a small box (no larger than a shoe box) and gather the following items needed for a party!

Include:

- Birthday candles (no matches please!)
- Wall decoration (like streamers, or a Happy Birthday banner)
- Small gift (coloring book, large jigsaw puzzle, house slippers, cute note pad)
- If you like, you can also include extras such as a goody bag filled with small surprises.
- You can also make a birthday card!
- No food or candy please



Then:

- ① Wrap the book and small gift in birthday paper
- ② Please wrap lid and box separately as MOWR needs to open and check boxes prior to delivery.
- ③ Fill the wrapped box or bag with the things you have gathered (add colorful tissue paper if you want).
- ④ Then tie the box or bag closed with ribbon.

Need community services hours?  
We credit 1 service hour for each  
Birthday Box donated

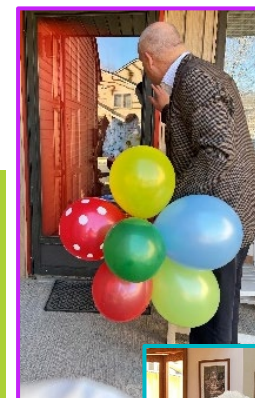
Bring completed boxes to  
Meals On Wheels  
121 West Nyack Rd  
Nanuet  
Monday-Friday  
9am-3:30pm

Questions?

Call: 845-624-6325

Email:

Rulaner@mowrockland.org



A 103 year old  
Rocklander  
receiving her  
Birthday box!

