



May 2024 Kosher

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| | | Passover 1 Beef Burgers w/ BBQ Sauce Potatoes Mashed Carrot Tzimmes | 2 Hawaiian Chicken Legs Steamed Okra Zucchini in Garlic Sauce | 3 Beef Salisbury Steak w/ Mushroom Sauce Brown Rice Italian Cut Green Beans |
| 6 Baked Asian Style Honey Chicken Bowtie Pasta w/ Kasha California Blend Vegetable | 7 Chickpea Curry Medley White Rice Italian blend Vegetables | 8 Beef Sloppy Joe w/ Bun Glazed Sweet Potato Italian Cut Green Beans | 9 Chicken Marsala Orzo California Blend | 10 Baked Fish w/ Sweet & Sour Sauce Potato Kugel Carrot Tzimmes |
| 13 Cheese Ravioli Sautéed Spinach Steamed Carrots & Green Beans | 14 Baked Ziti w/ Beef California Blend Vegetables Zucchini in Garlic Sauce | 15 California Veggie Burger Baby Carrots & Parsley Bowtie Pasta w/ Kasha | 16 Turkey Meatloaf w/ Mushroom Gravy Garlic Mashed Potatoes Steamed Zucchini | 17 Lemon Salmon Carrot Tzimmes Potato Kugel |
| 20 Chicken & Broccoli Stir Fry Glazed Sweet Potatoes Oriental Blend Vegetables | 21 Artisan Beet Veggie Burgers Bowtie Pasta w/ Kasha Vegetable Mix | 22 Sesame Chicken Legs Orzo Steamed Carrots | 23 Beef Salisbury Steak Broccoli w/ Toasted Garlic Steamed Spinach | 24 Salmon Burger Potato Kugel Italian Green Beans |
| 27 Beef Meatballs in Tomato Sauce Garlic Mashed Potatoes Broccoli w/ Toasted Garlic | 28 Baked Fish Egg Barley w/ Mushrooms Baby Carrots w/ Parsley | 29 Hawaiian Chicken Legs Rice Steamed Carrots & Green Beans | 30 Cheesy Stuffed Shells Sautéed Spinach Vegetable Mix | 31 Chicken Cacciatore Brown Rice California Blend Vegetables |

Kosher certification upon request

Milk, bread, juice, & dessert are included. Medically tailored meals will not follow the meal calendar.

845-624-6325

Meals are subject to availability

www.mowrockland.org

Packaged meals are under the kosher supervision of the and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."