



June 2024 Kosher

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Honey Mustard Chicken Drumstick Orzo Steamed Carrots and Green Beans	4 Beef Salisbury Steak Brown Rice Italian Cut Green Beans	5 California Veggie Burger Bowtie Pasta w/ Kasha Creamed Spinach	6 Hawaiian Chicken Legs Steamed Okra Zucchini in Garlic Sauce	7 Easy Breaded Fish Fillet Broccoli w/ Toasted Garlic Roasted Spiced Red Potatoes
10 Baked Asian Style Honey Chicken Bowtie Pasta w/ Kasha California Vegetables	Shavuot Eve 11 Beef Sloppy Joe Glazed Sweet Potatoes Italian Cut Green Beans	Shavuot 12 Baked Stuffed Shells w/ Cheese Corn Niblets Sautéed Zucchini	Shavuot 13 Chicken Marsala Orzo California Blend Vegetables	14 Baked Fish w/ Sweet and Sour Sauce Potato Kugel Carrot Tzimmes
17 Cheese Ravioli Sauteed Spinach Steamed Carrots and Green Beans	18 Baked Ziti w/ Beef California Blend Vegetables Zucchini in Garlic Sauce	19 California Veggie Burger Baby Carrots & Parsley Bowtie Pasta w/ Kasha	20 Turkey Meatloaf w/ Mushroom Gravy Garlic Mashed Potatoes Steamed Zucchini	21 Lemon Salmon Carrot Tzimmes Potato Kugel
24 Chicken & Broccoli Stir Fry Glazed Sweet Potatoes Oriental Blend Vegetables	25 Artisan Beet Veggie Burgers Bowtie Pasta w/ Kasha Vegetable Mix	26 Sesame Chicken Legs Orzo Steamed Carrots	27 Beef Salisbury Steak Broccoli w/ Toasted Garlic Steamed Spinach	28 Salmon Burger Potato Kugel Italian Green Beans

Kosher certification upon request

Milk, bread, juice, & dessert are included. Medically tailored meals will not follow the meal calendar.

845-624-6325

Meals are subject to availability

www.mowrockland.org

Packaged meals are under the kosher supervision of the and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."