



April 2024 Kosher

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken & Broccoli Stir Fry Glazed Sweet Potatoes Oriental Blend Vegetables	2 Artisan Beet Veggie Burgers Bowtie Pasta w/ Kasha Vegetable Mix	3 Sesame Chicken Legs Orzo Steamed Carrots	4 Beef Salisbury Steak Broccoli w/ Toasted Garlic Steamed Spinach	5 Salmon Burger Potato Kugel Italian Green Beans
8 Beef Meatballs Garlic Mashed Potatoes Broccoli	9 Baked Fish Egg Barley w/ Mushrooms Baby Carrots w/ Parsley	10 Cheesy Stuffed Shells Sautéed Spinach Vegetable Mix	11 Hawaiian Chicken Legs Rice Steamed Carrots & Green Beans	12 Chicken Cacciatore Brown Rice California Blend Vegetables
15 Teriyaki Chicken Legs Glazed Sweet Potato Vegetable Mix	16 Turkey Meatloaf w/ Mushroom Gravy Mashed Potatoes Zucchini in Garlic Sauce	17 Cheese Blintzes Corn Niblets Oriental Blend Vegetables	18 Turkey Bean Chili Home Fries Vegetable Mix	19 Lemon Salmon Egg Barley w/ Mushrooms Steamed Carrots
Passover 22 Salmon w/ Lemon Dill Sauce Potatoes Roasted Beets & Onions	Passover 23 Hawaiian Chicken Couscous w/ Onions Carrot Tzimmes	Passover 24 Baked Mustard Mayo Tilapia Potatoes Scalloped Sliced Zucchini & Tomato	Passover 25 Meatloaf w/ Gravy Mashed Potato California Vegetable Blend	Passover 26 Sweet & Sour Chicken Tender Potatoes Hash Brown Beets & Onions
Passover 29 Meatballs Potato Hash Brown Sliced Zucchini & Tomato	Passover 30 Roast Chicken Potato Soufflé Carrots Sliced			

Kosher certification upon request

Milk, bread, juice, & dessert are included. Medically tailored meals will not follow the meal calendar.

845-624-6325

Meals are subject to availability

www.mowrockland.org

Packaged meals are under the kosher supervision of the and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."