

Ramapo Senior Activity Center, 484 New Hampstead Road, New City, NY 10956 (845-356-2244)

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>11:00am- Trip to <b>ShopRite</b>/ Word Games 🚌 12:45pm- Zumba Class w/ <b>Aetna</b></p>
<p>4</p> <p>11:00am- Bean Bag Toss 12:45pm- Let's Play Bingo</p>	<p>5</p> <p>11:00am- Wii Bowling/ Pokeno 12:45pm- <b>Craft Creation</b>: Cupcake Liner Flowers</p>	<p>6</p> <p><b>Wear Green!</b> 11:00am- Irish Songs w/ <b>Jimmy Walsh</b> 12:45pm- Let's Play Bingo</p>	<p>7</p> <p>11:00am- Trip to <b>Rockland Bakery</b>/ Giant Crossword Puzzles 🚌 12:45pm- Energy Saving 101 w/ <b>Frankie</b></p>	<p>8</p> <p>11:00am- Chair Soccer 12:45pm- Wheel of Fortune</p>
<p>11</p> <p>11:00am- Nutrition Presentation w/ <b>Gitty</b> 12:45pm- <b>Painting Project</b>: Abstract Watercolor Design</p>	<p>12</p> <p>10:30am- Visit from <b>Social Worker</b> 11:00am - Bowling/ Pokeno 12:45pm- It's Time for Bingo</p>	<p>13</p> <p>11:00am- Staying Safe &amp; Home Presentation w/ <b>Peter</b> 12:45pm- What is... Jeopardy</p>	<p>14</p> <p>11:00am- The Color Pencil Journey w/ <b>Mitch</b> 12:45pm- Let's Play Family Feud</p>	<p>15</p> <p>11:00am- Trip to <b>Dollar Tree</b>/ Scattergories 🚌 12:45pm- TGIF Bingo!</p>
<p>18</p> <p>11:00am- Trip to Walmart / Word Games 🚌 12:45pm- Easter Baskets for <b>Rev. Dardin</b></p>	<p>19</p> <p>11:00am- Wii Bowling/ Pokeno 12:45pm- Katherine Heburn Presentation w/ <b>Bruce Hammer</b></p>	<p>20</p> <p><b>Ramapo Birthday Bash</b> 11:00am-Birthday Groovin' w/ <b>Randi Accardi</b> 12:45pm- Let's Play: Double Bingo</p>	<p>21</p> <p> <b>Join Us for Boot Camp at Dominican University (Located in Blauvelt, NY)</b> 🎉</p>	<p>22</p> <p>11:00am- Motown Songs w/ <b>Michelle Ami</b> 12:45pm- Friday Afternoon Bingo</p>
<p>25</p> <p>11:00am- Let's go to <b>ShopRite</b>/ Tabletop Games 🚌 12:45pm- Tai Chi w/ <b>John Hood</b></p>	<p>26</p> <p>11:00am- Wii Bowling/ Pokeno 12:45pm- Lets Play Bingo</p>	<p>27</p> <p><b>Ramapo Open House!</b> 11:00am- Double Bingo! 12:45pm- Music &amp; Motion w/ Rafael</p>	<p>28</p> <p>11:00am- Embracing the Memories w/ <b>Rita</b> 12:45pm- Let's Play Price is Right!</p>	<p>29</p> <p><b>50/50 Friday!</b> 11:00am- Shopping at Stew Leonards/How to Avoid Falls w/ Sentinel 12:45pm- April Calendar Review/No Bake Oreo Truffles</p>

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.



**March 2024**

**Thursday, March 21st:**

**Senior Boot Camp**

**(Center Closed)**

**Senior Activity Centers Contact  
Information**

Clarkstown/Pearl River  
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Orangetown  
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Tappan Reformed Church  
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**Rockland County Contacts**

Rockland County Executive  
Ed Day  
County Executive  
(845) 638-5122

Office for the Aging  
(845) 364-2110

**Upcoming Events:**

Friday, March 1st: Zumba  
Class w/ Aetna

Wednesday, March 20th:  
Birthday Celebration w/  
Randi Accordi

Thursday, March 21st:  
Senior Boot Camp

Wednesday, March 27th:  
Ramapo Open House