


Orangetown Senior Activity Center, 35 Kings Highway, Tappan, NY 10983 (845)-580-2292

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>March</p>				1
<p>11:00am- Old Hollywood Trivia 12:45pm- Lets Play Hangman</p>				
4	5	6	7	8
<p>10:30am: Lets Go to Rockland Bakery 🚌 11:00am- Head to Head Uno 12:45pm- Tic Tac Toss</p>	<p>11:00am- Lets Play Uno 12:45pm- Exercise w/ Dolan</p>	<p>11:00am- Name That Tune 12:45pm- Music Therapy w/ Jeff</p>	<p>11:00am- Head to Head Rummikub! 12:45pm- Time for Bingo</p>	<p align="center">Wear Green! 11:00am- What Is... Jeopardy! 12:45pm- Irish Songs w/ Jimmy</p>
11	12	13	14	15
<p>11:00am- No Bake: Oreo Truffles 12:45pm- Lets Play Bingo</p>	<p>10:30am- Lets Go to Shoprite 🚌 11:00am- Giant Crossword Puzzle 12:45pm- Music & Motion w/ Rafael</p>	<p>11:00am- Are You Smarter Than a Fifth Grader? 12:45pm- Painting Project: Abstract Watercolor Design</p>	<p>11:00am- Craft Creation: Cupcake Liner Flowers 12:45pm- Mindful Living w/ Rita</p>	<p>11:00am- St. Patty's Day Fun Facts 12:45pm: Staying Safe at Home Presentation w/ Peter</p>
18	19	20	21	22
<p>11:00am- Morning Flex & Stretch w/ Debbie 12:45pm- Let's Play Bingo</p>	<p>10:30am- Trip to Dollar Tree 🚌 11:00am- Lets Play: Word Games 12:45pm- Energy Saving 101 w/ Frankie</p>	<p>Orangetown Birthday Bash 11:00am- Birthday Bingo! 12:45pm- Birthday Bash w/ Charlie Staxx</p>	<p align="center">🎉 Join Us for Boot Camp at Dominican University (Located in Blauvelt, NY) 🎉</p>	<p>10:30am: Trip to Michaels Crafts 🚌 11:00am- Giant Crossword Puzzles 12:45pm- Zumba w/ Aetna</p>
25	26	27	28	29
<p>11:00am- Family Feud 12:45pm- Women's History Songs w/ Joel & Fran</p>	<p>11:00am- Word Scramble 12:45pm- Tai Chi w/ John Hood</p>	<p>11:00am- Wheel of Fortune 12:45pm- Home Healthcare/ Medicare Presentation w/ Jillian</p>	<p>11:00am- April Calendar Review 12:45pm- TruCare Pharmacy Q&A/ BP Checks</p>	<p>11:00am- Lets Play Bingo 12:45pm- Alzheimer's Presentation w/ Andrew</p>

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.



Thursday, March 21st:
Senior Boot Camp
(Center Closed)

Senior Activity Centers Contact Information

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Orangetown
Deborah Traynor, Manager
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Rockland County Contacts

Rockland County Executive
Ed Day
County Executive
(845) 638-5122

Office for the Aging
(845) 364-2110

Upcoming Events:

Tuesday, March 5th: Exercise w/
Dolan

Wednesday, March 20th:

Birthday Bash w/ Charli Staxx

Thursday, March 21st: Senior
Boot Camp!