

Monday	Tuesday	Wednesday	Thursday	Friday
				<p style="text-align: right;">1</p> <p>11:00am- Group Crossword Puzzles 12:45pm- Bingo</p>
<p style="text-align: right;">4</p> <p>11:00am- Uno 12:45pm- Anti-Scam Presentation w/ Officer Davies</p>	<p style="text-align: right;">5</p> <p>10:30am- Visit from Social Worker 11:00am- Air Hockey 12:45pm- Wii Bowling</p>	<p style="text-align: right;">6</p> <p>11:00am- Nutrition Presentation w/ Gitty 12:45pm- Lets Play Bingo!</p>	<p style="text-align: right;">7</p> <p>10:30am- Trip to Dollar Tree 🚌 (Valley Cottage) 11:00am- Tabletop Games 12:45pm- Color Pencil Journey w/ Mitch</p>	<p style="text-align: right;">8</p> <p>11:00am- Let's Play Pling Pong 12:45pm- TGIF Bingo!</p>
<p style="text-align: right;">11</p> <p>11:00am- Bingo Time 12:45pm- Mindful Living w/ Rita</p>	<p style="text-align: right;">12</p> <p>Wear Green! 11:00am- Bingo 12:45pm- Irish Step Dancing w/ The Lynn Academy</p>	<p style="text-align: right;">13</p> <p>11:00am- Tabletop & Bookclub w/ Marcia 12:45pm- Music Therapy w/ Jeff</p>	<p style="text-align: right;">14</p> <p>10:30am- Trip to Target 🚌 11:00am- Wii Bowling 12:45pm- Tai Chi w/ John Hood</p>	<p style="text-align: right;">15</p> <p>11:00am- Craft Creation: Cupcake Liner Flowers 12:45pm- Zumba Class w/ Aetna</p>
<p style="text-align: right;">18</p> <p>11:00am- Energy Saving 101 w/ Frankie 12:45pm- Painting Project: Abstract Watercolor Design</p>	<p style="text-align: right;">19</p> <p>10:30am: ShopRite Pearl River) 11:00am Wheel of Fortune 12:45pm- Staying Safe at Home Presentation w/ Peter</p>	<p style="text-align: right;">20</p> <p>BIRTHDAY PARTY!! 11:00am- Birthday Bingo! 12:45pm- Gettin' Down w/ Randi Accordi</p>	<p style="text-align: right;">21</p> <p>🎉 Join Us for Boot Camp at Dominican University (Located in Blauvelt, NY) 🎉</p>	<p style="text-align: right;">22</p> <p>11:00am Floor Hockey 12:45pm- Women's History Songs w/ Joel & Fran</p>
<p style="text-align: right;">25</p> <p>10:30am- Trader Joe's 🚌 11:00am- Scattergories 12:45pm- Word on the Street Meeting (Calendar Review)</p>	<p style="text-align: right;">26</p> <p>Clarkstown Open House! 11:00am- Double Bingo 12:45pm- Music & Motion w/ Rafael</p>	<p style="text-align: right;">27</p> <p>11:00am- Right, Left, Center 12:45pm- No Bake: Oreo Truffles</p>	<p style="text-align: right;">28</p> <p>11:00am- Wii Jeopardy! 12:45pm- How to Avoid Fall Risks & Home Safety w/ Jillian</p>	<p style="text-align: right;">29</p> <p>11:00am- Lets Play Family Feud 12:45pm- Smooth Piano w/ Jim Rensik</p>

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.



March 2024
Thursday, March 21st:
Senior Boot Camp
(Center Closed)

Senior Activity Centers Contact Information

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Rockland County Contacts

Rockland County Executive
Ed Day
County Executive
(845) 638-5122

Office for the Aging
(845) 364-2110

Upcoming Events:

Thursday, March 7th: Color Pencil Journey w/ Mitch

Tuesday, March 12th: Irish Step Dance Performance w/ Lynn Academy

Wednesday, March 20th: Birthday Celebration w/ Randi Accord

Thursday, March 21st: Senior Boot Camp