

April 2023

Ramapo Senior Activity Center, 484 New Hempstead Rd, New City, NY 10956 (845) 356-2244

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>3</b></p> <p><b>Wear Blue In Honor of World Autism Day</b></p> <p>AM Tech Savvy Speaker: Social Media/Email</p> <p>PM No Bake Yogurt Pie</p>	<p><b>4</b></p> <p>AM Puzzles/Games Wii Bowling/ Pokeno</p> <p>PM Let's Play: BINGO!</p>	<p><b>5</b></p> <p>AM Pet Therapy with Evelyn Nutrition w/ Eliza</p> <p>PM Let's Play: Wheel of Fortune</p>	<p><b>6</b></p> <p><b>Passover Meal</b></p> <p>AM Shopping at Uncle Giuseppe's or Word Games</p> <p>PM Bunny Favors Craft</p>	<p><b>7*</b></p> <p><b>Good Friday</b></p> <p>AM Puzzles/Games Yoga with Mira</p> <p>PM Let's Play: Double Prize BINGO!</p>	<p>Every day begins with <b>Breakfast Café &amp; Announcements</b></p> <p><b>PROGRAMS ARE SUBJECT TO CHANGE</b></p>  <p><b>*Ramapo SAC will be meeting at Clarkstown/Pearl River SAC on Friday, 4/7/23</b></p> 
<p><b>10</b></p> <p>AM <b>Easter Meal</b> Memory Lane w/Jeff Sherer: Hollywood &amp; Broadway Musicals</p> <p>PM Let's Play: BINGO!</p>	<p><b>11</b></p> <p>AM Social Worker Visit Musical Entertainment w/Rick Sawyer</p> <p>PM Pokeno</p>	<p><b>12</b></p> <p><b>Lunch at Cracker Barrel</b> (pre-registration required) or Visit Clarkstown Center</p>	<p><b>13</b></p> <p>AM Musical Entertainment with Peter Holmgren</p> <p>PM Let's Play: BINGO!</p>	<p><b>14</b></p> <p>AM Yoga with Mira or OFA Application and Screening Clinic</p> <p>PM Let's Play: Scrambled Eggs</p>	
<p><b>17</b></p> <p>AM Importance of Beneficiary Designations</p> <p>PM Canvas Painting: Ladybug</p>	<p><b>18</b></p> <p>AM Puzzles/Games Wii Bowling or Pokeno</p> <p>PM Exercise with Rafael</p>	<p><b>19</b></p> <p>AM Musical Entertainment w/ Richard Frank</p> <p><b>April B-Day Pizza Party</b></p> <p>PM Let's Play: BINGO!</p>	<p><b>20</b></p> <p>AM Shopping at ShopRite or Word Games</p> <p>PM Spring Craft: Sock Bunny</p>	<p><b>21</b></p> <p>AM Puzzles/Games Yoga with Mira</p> <p>PM Let's Play: BINGO!</p>	
<p><b>24</b></p> <p>AM Shopping at Burlington or Music/Coloring</p> <p>PM Center Member Meeting Let's Play: BINGO!</p>	<p><b>25</b></p> <p>AM Hudson Valley Food Bank Cooking Demo</p> <p>PM Wii Bowling/ Pokeno</p>	<p><b>26</b></p> <p>AM Shopping at Ocean State Job Lot</p> <p>PM Music Therapy With Jeffrey Friedberg</p>	<p><b>27</b></p> <p>AM Bowling at New City Bowl (pre-register) or Word Games</p> <p>PM Let's Play: BINGO!</p>	<p><b>28</b></p> <p><b>50/50 Friday</b></p> <p>AM Yoga with Mira</p> <p>PM Let's Play: Family Feud</p>	

**Upcoming Events:**  
**Wednesday, May 31, OFA Senior Day at the Boulders Baseball Game**  
**Thursday, July 13, Pride of the Hudson Boat Trip**

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.