



April 2023

Clarkstown/Pearl River Senior Activity Center, 121 West Nyack Road, Nanuet, NY 10954 (845) 367-9809

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>3</p> <p>Wear Blue In Honor of World Autism Day</p> <p>AM Yoga with Mira</p> <p>PM Easter Basket Community Service Project</p>	<p>4</p> <p>AM Discussion Group w/ Norma Social Worker Visit</p> <p>PM Exercise with Rafael</p>	<p>5</p> <p>AM Puzzles/Games Tech Savvy Speaker: Social Media/Email</p> <p>PM Let's Play: Bingo</p>	<p>6</p> <p>Passover Meal</p> <p>AM Puzzles/Games Shopping at Trader Joe's</p> <p>PM Let's Play: Scrambled Eggs</p>	<p>7</p> <p>Good Friday</p> <p>AM Puzzles/Games Yoga with Mira</p> <p>PM Let's Play: Double Prize Bingo</p>	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  
<p>10</p> <p>Easter Meal</p> <p>AM Puzzles/Games Yoga with Mira</p> <p>PM Let's Play: Bingo</p>	<p>11</p> <p>AM Discussion Group w/ Norma Nutrition w/ Eliza</p> <p>PM Musical Entertainment with Rick Sawyer</p>	<p>12</p> <p>AM Pet Therapy with Evelyn</p> <p>Book Club with Marcia</p> <p>PM Music Therapy with Jeffrey Friedberg</p>	<p>13</p> <p>AM Memory Lane w/Jeff Sherer: Hollywood & Broadway</p> <p>PM Musical Entertainment w/ Peter Holmgren</p>	<p>14</p> <p>AM Puzzles/Games OFA Application and Screening Clinic</p> <p>PM Let's Play: Bingo</p>	
<p>17</p> <p>AM Puzzles/Games Yoga with Mira</p> <p>PM Speaker: Importance of Beneficiary Designations</p>	<p>18</p> <p>AM Hudson Valley Food Bank</p> <p>Cooking Demo</p> <p>PM Let's Play: Bingo</p>	<p>19</p> <p>AM Let's Play: Bingo</p> <p>April B-Day Pizza Party</p> <p>PM Musical Entertainment with Richard Frank</p>	<p>20</p> <p>AM Puzzles/Games No Bake Demo: Yogurt Pie</p> <p>PM Let's Play: Bingo</p>	<p>21</p> <p>AM Puzzles/Games Shopping at ShopRite</p> <p>PM Spring Craft: Sock Bunny</p>	
<p>24</p> <p>AM Puzzles/Games Yoga with Mira</p> <p>PM Center Mtg: Calendar Review</p> <p>Let's Play: Jeopardy</p>	<p>25</p> <p>AM Discussion Group w/ Norma Shopping at Lidl</p> <p>PM Let's Play: Wheel of Fortune</p>	<p>26</p> <p>AM Puzzles/Games Canvas Painting: Ladybug</p> <p>PM Let's Play: Bingo</p>	<p>27</p> <p>Lunch at Cracker Barrel</p> <p>(pre-registration required)</p> <p>or</p> <p>Table Games</p>	<p>28</p> <p>AM Puzzles/Games Group Crossword Puzzle</p> <p>PM Let's Play: Bingo</p>	

Upcoming Events:

Wednesday, May 31, OFA Senior Day at the Boulders Baseball Game

Thursday, July 13, Pride of the Hudson Boat Trip

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.