



March 2023

Ramapo Senior Activity Center, 484 New Hempstead Rd, New City, NY 10956 (845) 356-2244

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
		1 AM Project Council Meeting Puzzles/Games PM Let's Play: Left, Right, Center	2 AM Puzzles/Games Shopping at Walmart PM Let's Play: BINGO	3 AM Puzzles/Games Self Defense with Master Portante PM Let's Play: Family Feud	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>*Sponsored by The Esplanade at Palisades</p> 
6 AM Puzzles/ Games No Bake Biscoff Cookie Truffles PM Let's Play: Jeopardy	7 AM Puzzles/Games Wii Bowling or Pokeno PM Musical Entertainment w/ Ray Longchamp	8 AM Puzzles/Games Pet Therapy with Evelyn PM Let's Play: BINGO	9 AM Puzzles/Games Shopping at ShopRite PM Let's Play: Pig Toss Game	10 AM March for Meals at the Palisades Mall PM Let's Play: BINGO	
13 AM Puzzles/Games Shopping at Dollar Tree PM Let's Play: BINGO	14 AM Social Worker Visit Exercise w/ Dolan* PM Pokeno/Wii Bowling	15 AM Entertainment w/ Jimmy Walsh PM March B-Days Pizza Party Let's Play: BINGO	16 AM Bowling at New City Bowl St. Patrick's Day Meal PM Let's Play: Pictionary	17 St. Patrick's Day: Wear Something Green AM Coaster Craft PM Let's Play: Name That Tune	
20 AM Puzzles/Games Exercise w/ Charlese: Bobby Darrin PM Let's Play: BINGO	21 AM Musical Entertainment with Eric Lipper PM Pokeno/Wii Bowling	22 AM Puzzles/Games Shopping at Kohl's PM Let's Play: Day at the Races	23 AM Musical Entertainment with Eric Kerksen PM Let's Play: BINGO	24 AM Puzzles/Games Canvas Painting PM Let's Play: Wheel of Fortune	
27 AM Puzzles/Games Nutrition with Gitty PM Calendar Review Let's Play: The Price is Right	28 AM Puzzles/Games Wii Bowling or Pokeno PM Let's Play: BINGO	29 AM Bruce Hammer Presents: <i>I Love Lucy</i> PM Music Therapy	30 AM Puzzles/Games Shopping at ShopRite PM You Be the Judge	31 AM 50/50 Friday Puzzles/Games Current Events PM Let's Play: BINGO	

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.