

March 2023

Clarkstown/Pearl River Senior Activity Center, 121 West Nyack Road, Nanuet, NY 10954 (845) 624-6334

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
		1 AM Puzzles/Games Project Council Meeting PM Let's Play: Bingo	2 AM Bruce Hammer Presents: <i>I Love Lucy</i> PM Let's Play: Wheel of Fortune	3 AM Puzzles/Games Shopping at Home Goods PM Let's Play: Bingo	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p> 
6 AM Puzzles/Games Shopping at Ocean State Job Lot PM Let's Play: Day at the Races	7 AM Social Worker Visit Exercise w/ Dolan* PM Let's Play: Spanish Bingo	8 AM Puzzles/Games Book Club with Marcia PM Let's Play: The Price is Right	9 AM Puzzles/Games Fall Prevention with Helen Hayes PM Let's Play: Bingo	10 AM March for Meals at the Palisades Mall PM Let's Play: Bingo	
13 AM Exercise w/ Charlese: Bobby Darrin PM Let's Play: Bingo	14 AM Puzzles/Games Shopping at ShopRite PM Let's Play: Family Feud	15 AM Let's Play: Bingo PM March B-Days Pizza Party Entertainment w/ Jimmy Walsh	16 AM Current Events St. Patrick's Day Meal PM Let's Play: Pig Toss Game	17 St. Patrick's Day: Wear Something Green AM Self Defense w/ Master Portante PM	
20 AM No Bake Biscoff Cookie Truffles PM Let's Play: Bingo	21 AM Puzzles/Games Canvas Painting PM Musical Entertainment w/ Eric Lipper	22 AM Pet Therapy with Evelyn Nutrition w/ Gitty PM Music Therapy Program	23 AM Shopping at Uncle Giuseppe's Marketplace PM Musical Entertainment with Eric Kerssen	24 AM Puzzles/Games Coaster Craft PM Let's Play: Bingo	
27 AM Puzzles/Games Shopping at T.J. Maxx PM Let's Play: Tri-Bond	28 AM Group Crossword Puzzle PM Musical Entertainment with Ray Longchamp	29 AM Puzzles/Games Shopping at ShopRite PM You Be the Judge	30 AM Table Games Let's Play: Head Bandz PM Let's Play: Bingo	31 AM Mercy College OT Student Presentation PM Let's Play: Bingo	

*Sponsored by The Esplanade at Palisades



This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.