

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
		1 AM Puzzles/Games Group Crossword Puzzle PM Let's Play: Bingo	2 AM Groundhog Day Trivia Let's Play: Name That Tune PM Yoga w/ Shlomit	3 AM <b>Black History Month Play at RCC; 39 Steps Toward Freedom</b> PM Table Games	<p><b>PROGRAMS ARE SUBJECT TO CHANGE</b></p>  <p><b>“Soup”er Bowl</b> *During the week of 2/6 – 2/10, bring in a can of soup or other non-perishable food item (such as oatmeal, canned vegetables, beans, pasta, tuna). No glass containers please. Items will be donated to local food pantry. Be sure to wear your favorite team's colors on 2/10!</p> 
6 AM Puzzles/Games Let's Play: The Price is Right PM Tai Chi w/ John Hood	7 AM Winter Craft: Snowman PM <b>Black History Month Meal</b> Let's Play: Bingo	8 AM <b>Black History Month Reading with Sharon</b> PM No Bake: Red Velvet Cheesecake Balls	9 AM Puzzles/Games Shopping at ShopRite PM Let's Play: Bingo	10 AM Current Events Talk PM <b>Super Bowl Meal</b> Let's Play: Bean Bag Toss	
13 AM Puzzles/Games Nutrition Talk with Eliza PM Let's Play: Bingo	14 <b>Valentine's Day</b> AM Shopping at ShopRite PM Making Cards for HDM Clients	15 AM Let's Play: Bingo PM <b>February B-Days Pizza Party</b> Musical Entertainment w/ Eric Lipper	16 AM Puzzles/Games Chair Exercise with Weights PM Canvas Painting: Cherry Blossom Tree	17 AM Puzzles/Games <b>Lunch at Chili's</b> (pre-registration required) PM Table Games	
20 <b>Center Closed Presidents Day</b>	21 <b>Mardi Gras</b> AM Puzzles/Games Let's Play: Family Feud PM Let's Play: Bingo	22 <b>Ash Wednesday</b> AM Puzzles/Games Dear Abby PM Let's Play: Charades	23 AM Puzzles/Games Coloring with Music PM Dance/Exercise with Dolan	24 AM Puzzles/Games Shopping at ShopRite PM Let's Play: Bingo	
27 AM Dominos/Scrabble/ Jenga PM Calendar Review Let's Play: Bingo	28 AM Puzzles/Games Social Worker Jeanette Visits PM Let's Play: Wheel of Fortune				

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.