

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
		1 AM Puzzles/Games Tai Chi w/ John Hood PM Let's Play: BINGO!	2 AM Puzzles/Games Shopping at ShopRite or Word Games PM Let's Play: BINGO!	3 AM Black History Month Play at RCC; 39 Steps Toward Freedom PM Table Games	<p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>"Soup"er Bowl *During the week of 2/6 – 2/10, bring in a can of soup or other non-perishable food item (such as oatmeal, canned vegetables, beans, pasta, tuna). No glass containers please. Items will be donated to local food pantry. Be sure to wear your favorite team's colors on 2/10!</p> 
6 AM Puzzles/Games Let's Play: Family Feud PM Winter Craft: Snowman	7 AM Puzzles/Games Wii Bowling or Pokeno PM Black History Month Meal Let's Play: Name That Tune	8 AM OPEN HOUSE Entertainment with Randy Accardi PM Let's Play: DOUBLE BINGO!	9 AM Shopping at Dollar Tree or Word Games PM Let's Play: Ring Toss	10 AM Puzzles/Games Yoga w/ Shlomit PM Super Bowl Meal Let's Play: BINGO!	
13 AM Shopping at Target or Table Games PM Let's Play: BINGO!	14 Valentine's Day AM Social Worker Visit Pokeno/Wii PM No Bake: Red Velvet Cheesecake Balls	15 AM Magic with Prof. Harry Hocus PM February B-Days Pizza Party Let's Play: Double BINGO!	16 AM Puzzles/Games Nutrition Talk w/ Eliza PM Canvas Painting: Cherry Blossom Tree	17 AM Shopping at ShopRite or Word Games PM Creating Cards for HDM Clients	
20 Center Closed Presidents Day	21 Mardi Gras AM Puzzles/Games Wii Bowling or Pokeno PM Exercise/Dance w/ Dolan	22 Ash Wednesday AM Let's Play: Chair Soccer PM Let's Play: BINGO!	23 AM Shopping at Dollar Tree (Valley Cottage) or Table Games PM Meditation with Chris	24 AM 50/50 Friday! Puzzles/Games Lunch @ Grand Buffet (pre-registration required) PM Table Games	
27 AM Shopping at Stew Leonard's PM Let's Play: Wheel of Fortune	28 AM Smarty Pants Black History Month Program Pokeno/Wii PM BINGO!				

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.