

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
2 Center Closed New Year's Day Observed	3 AM Musical Entertainment w/Ray Longchamp PM Pokeno	4 AM Puzzles/Games No Bake: Keto Cookies (no pb) PM Let's Play: BINGO!	5 AM Puzzles/Games Bruce Hammer: The Sitcom "Cheers" PM Let's Play: Jeopardy	6 AM Puzzles/Games Budgeting Skills w/ Gerry Trautz PM Let's Play: BINGO!	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>Please remember to update Senior Activity Center Staff of any changes to your address, phone, emergency contact information or medications.</p>
9 AM Puzzles/Games Chair Yoga w/ Beatrice PM Let's Play: The Price is Right!	10 AM Puzzles/Games Wii Bowling Pokeno PM Let's Play: BINGO!	11 AM Puzzles/Games Pet Therapy or Bowling @ New City Bowl (pre-register) PM Winter Craft	12 AM Shopping @ ShopRite or Word Games PM Let's Play: BINGO!	13 AM Puzzles/Games PM Lunch @ Chili's (pre-registration required) or Let's Play: Scattergories	
16 Center Closed Martin Luther King, Jr. Day	17 AM Puzzles/Games Wii Bowling Pokeno PM Exercise w/ Dolan	18 AM Musical Entertainment w/ Stephanie Romm PM Pizza Party January B-Days Let's Play: BINGO!	19 AM Shopping at Dollar Store or Word Games PM Jewelry Making w/ Martha	20 AM Puzzles/Games Let's Play: Wheel of Fortune PM Let's Play: BINGO!	
23 AM Puzzles/Games Shopping @ Budget Bazaar PM Canvas Painting: NYC Skyline	24 AM Social Worker Jeanette Visits Puzzles/Games Wii Bowling Pokeno PM Let's Play: BINGO	25 AM Puzzles/Games Nutrition with Gitty PM Exercise with Rafael!	26 AM Shopping at ShopRite or What's in Your Bag? PM Karaoke	27 50/50 Friday! AM Memory Lane w/ Jeff Sherer PM Let's Play: BINGO!	
30 AM Shopping @ Trader Joe's or Word Games PM Center Member Meeting: Calendar Review	31 AM Puzzles/Games Wii Bowling Pokeno PM Let's Play: Family Feud				

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.