


November 2022

Clarkstown/Pearl River Senior Activity Center, 121 West Nyack Road, Nanuet, NY 10954 (845) 624-6334

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
	<p><b>1</b></p> <p>AM Puzzles/Games Group Crossword Puzzle PM Let's Play: Bingo</p>	<p><b>2</b></p> <p>AM Puzzles/Games Shopping at ShopRite PM Let's Play: Jeopardy</p>	<p><b>3</b></p> <p>AM Puzzles/Games Let's Play: Wheel of Fortune PM Let's Play: Bingo</p>	<p><b>4</b></p> <p>AM Exercise w/ Charlese: Diana Ross/The Supremes PM Let's Play: The Price is Right</p>	<p>Every day begins with Breakfast Café &amp; Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>Clarkstown/Pearl River Senior Activity Center is open Monday-Friday, 10:00 AM – 2:00 PM.</p> <p>Please be sure to make your meal and transportation reservations 2 business days in advance.</p>
<p><b>7</b></p> <p>AM Puzzles/Games Let's Play: Pass the Pigs PM Let's Play: Bingo</p>	<p><b>8</b></p> <p>AM Social Worker Jeanette Visits Medicare Presentation PM Let's Play: Tri-Bond</p>	<p><b>9</b></p> <p>AM Pet Therapy w/ Evelyn Book Club with Marcia PM Exercise with Weights</p>	<p><b>10</b></p> <p>AM Puzzles/Games Shopping at Target PM Let's Play: Spanish Bingo</p>	<p><b>11</b></p> <p>AM Veterans Day: Wear Red, White &amp; Blue Meditation w/ Chris PM Let's Play: Bingo</p>	
<p><b>14</b></p> <p>AM Puzzles/Games Nutrition Talk with Gitty PM Square Dancing w/ Suzi Tipa</p>	<p><b>15</b></p> <p>AM Puzzles/Games Shopping at Valley Cottage Dollar Tree PM Let's Play: Bingo</p>	<p><b>16</b></p> <p>AM Let's Play: Bingo PM November B-days Pizza Party Musical Entertainment w/ Jimmy Walsh</p>	<p><b>17</b></p> <p>AM No Bake: Pumpkin-Oatmeal Energy Balls PM Canvas Painting</p>	<p><b>18</b></p> <p>AM Puzzles/Games Exercise w/ Miriam PM Let's Play: Day at the Races</p>	
<p><b>21</b></p> <p>AM Puzzles/Games Shopping at Ocean State Job Lot PM Let's Play: Bingo</p>	<p><b>22</b></p> <p>AM Musical Entertainment w/ Eric Kerssen PM What Are You Thankful For?</p>	<p><b>23</b></p> <p>AM Puzzles/Games Let's Create: Fall Craft PM Let's Play: Bingo</p>	<p><b>24</b></p> <p><b>Thanksgiving Center Closed</b></p>	<p><b>25</b></p> <p><b>Day After Thanksgiving Center Closed</b></p>	
<p><b>28</b></p> <p>AM Puzzles/Games Chair Yoga w/ Inga Calendar Review PM Let's Play: Bingo</p>	<p><b>29</b></p> <p>AM Puzzles/Games Exercise with Music PM Word Games &amp; Trivia</p>	<p><b>30</b></p> <p>AM Puzzles/Games Shopping at ShopRite PM Let's Play: Bingo</p>			

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.