


October 2022

Clarkstown/Pearl River Senior Activity Center, 121 West Nyack Road, Nanuet, NY 10954 (845) 624-6334

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>3</p> <p>AM Puzzles/Games You Be the Judge PM Let's Play: Bingo</p>	<p>4</p> <p>AM Shopping at Dollar Tree or Coloring with Music PM Let's Play: Wheel of Fortune</p>	<p>5</p> <p>AM Nutrition Talk w/ Eliza PM Musical Entertainment with Rick Sawyer</p>	<p>6</p> <p>AM Shopping at ShopRite or Pet Therapy with Evelyn PM Let's Play; Day at the Races</p>	<p>7</p> <p>AM Hay Ride and Pumpkin Picking (pre-registration required) PM Let's Play: Bingo</p>	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>Wear Pink every Friday in October in honor of Breast Cancer Awareness Month</p> <p>Clarkstown/Pearl River Senior Activity Center is open Monday-Friday, 10:00 AM – 2:00 PM.</p> <p>Please be sure to make your meal and transportation reservations 2 business days in advance.</p>
<p>10</p> <p>AM Table Games/Ramapo SAC Visits PM Exercise with Weights</p>	<p>11</p> <p>AM Social Worker Jeanette Visits Golden Age of NYC Baseball w/ Bruce Hammer PM Let's Play: Bingo</p>	<p>12</p> <p>AM Lunch at Cracker Barrel (pre-registration required) PM Let's Play: Jeopardy</p>	<p>13</p> <p>AM Puzzles/Games Senior Advice Presentation PM Let's Play: Bingo</p>	<p>14</p> <p>AM Puzzles/Games Halloween Wreath Craft PM Exercise with Rafael</p>	
<p>17</p> <p>AM Shopping at Target or Group Crossword Puzzle PM Let's Play: Spanish Bingo</p>	<p>18</p> <p>AM Book Club with Marcia or Current Events PM Let's Play: Pig Toss Game</p>	<p>19</p> <p>AM Let's Play: Bingo PM October B-Day Pizza Party Square Dancing w/ Suzi Tipa</p>	<p>20</p> <p>AM Puzzles/Games Fall Prevention Presentation PM Let's Play: The Price is Right</p>	<p>21</p> <p>AM No Bake Demo: Pumpkin Bars PM Oktoberfest Lunch Let's Play: Bingo</p>	
<p>24</p> <p>Senior Olympics presented by Regeneron</p>	<p>25</p> <p>AM Shopping at Uncle Giuseppe's Marketplace or Reading of "The Tell-Tale Heart" PM Let's Play: Bingo</p>	<p>26</p> <p>FALL OPEN HOUSE AM Dance with Dolan PM Musical Entertainment with JoJo Russell</p>	<p>27</p> <p>AM Nyack Farmers Market or Word Games PM Musical Entertainment with Peter Holmgren</p>	<p>28</p> <p>AM Puzzles/Games Fall Canvas Painting PM Let's Play: Bingo</p>	
<p>31</p> <p>AM Halloween Family Feud PM Calendar Review Let's Play: Bingo</p>					

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.