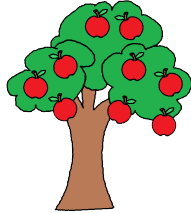


| Monday | Tuesday | Wednesday | Thursday | Friday | Notes |
|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | | | 1 AM Shopping at ShopRite or Word Games PM Let's Play: BINGO! | 2 AM Puzzles/Games Shopping at Target or Word Games PM Let's Play: Scattergories | <p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>Ramapo Senior Activity Center is open Monday-Friday, 10:00 AM – 2:00 PM.</p> <p>Please be sure to make your meal and transportation reservations 2 business days in advance.</p> |
| 5 Labor Day Center Closed | 6 AM Shopping at Ocean State Job Lot or Word Games PM Wii Bowling Pokeno | 7 AM Puzzles/Games Musical Entertainment w/Jay Daniels PM Let's Play: BINGO! | 8 AM Project Council Meeting No Bake: Pumpkin Chip Cream Pie PM Exercise w/ Music | 9 AM Puzzles/Games PM Lunch at Golden Corral (pre-registration required) or Group Games | |
| 12 AM Puzzle/Games Shopping at Dollar Tree or Table Games PM Sunflower Wreath Craft | 13 AM Puzzles/Games Wii Bowling Pokeno PM Let's Play: BINGO! | 14 AM Pet Therapy Chair Yoga w/ Beatrice PM Let's Play: Left, Right, Center | 15 AM Shopping at Nyack Farmers Market or Bean Bag Toss PM Let's Play: BINGO! | 16 AM Puzzles/Games Medicare 101 w/ Daniel Soussana PM Exercise w/ Dolan | |
| 19 AM Puzzles/Games Nutrition w/ Gitty PM Let's Play: BINGO! | 20 AM Social Worker Jeanette Visits Wii Bowling Pokeno PM Let's Play: Left, Right Center | 21 AM Zumba Gold w/ Jean Hurler PM Pizza Party September B-Day's Let's Play: BINGO! | 22 AM Puzzles/Games Senior Fair @ RCC or PM Canvas Painting | 23 AM Puzzles/Games Exercise w/ Charlese: Frankie Valli PM Craft: Yarn Bowls | |
| 26 AM Prescription Drug Cost Presentation PM Center Member Meeting: Calendar Review Let's Play: BINGO! | 27 AM Puzzles/Games Bowling @ New City Bowl (pre-registration required) or Wii Bowling Pokeno PM Pokeno | 28 AM Puzzles/Games Shopping at ShopRite or Word Games PM Musical Entertainment w/ Ray Longchamp | 29 AM Elder Law Update w/ Sonia Burgos Crannage PM Let's Play: Left, Right, Center | 30 50/50 Friday! AM Shopping at Dollar Tree or Dear Abby PM Let's Play: BINGO! | |

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.