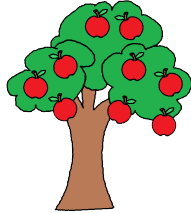


September 2022

Clarkstown/Pearl River Senior Activity Center, 121 West Nyack Road, Nanuet, NY 10954 (845) 624-6334

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
			1 AM Puzzles/Games Shopping at ShopRite PM Let's Play: Bingo	2 AM Puzzles/Games Chair Yoga w/ Beatrice PM Let's Play: Bingo	<p>Every day begins with Breakfast Café &amp; Announcements</p> <p><b>PROGRAMS ARE SUBJECT TO CHANGE</b></p>  <p>Clarkstown/Pearl River Senior Activity Center is open Monday-Friday, 10:00 AM – 2:00 PM.</p> <p>Please be sure to make your meal and transportation reservations 2 business days in advance.</p>
5 <b>Labor Day Center Closed</b>	6 AM Puzzles/Games Shopping at Dollar Tree (Park Ridge) PM Let's Play: Bingo	7 AM Puzzles/Games Current Events Talk PM Musical Entertainment w/Jay Daniels	8 AM <b>Project Council Meeting</b> Dear Abby PM Let's Play: Bingo	9 AM Puzzles/Games PM <b>Lunch at Golden Corral</b> (pre-registration required) or Group Games	
12 AM Puzzles/Games Nutrition talk with Gitty PM Let's Play: Bingo	13 AM Social Worker Jeanette visits Medicare 101 w/ Daniel Soussana PM Craft: Yarn Bowls	14 AM Puzzles/Games Shopping at Kohl's PM No Bake: Pumpkin Chip Cream Pie	15 AM Pet Therapy with Evelyn Shopping at Nyack Farmers Market PM Let's Play: Bingo	16 AM Puzzles/Games Exercise with Dolan PM Let's Play: Jeopardy	
19 AM Shopping at Trader Joe's Group Crossword Puzzle PM Let's Play: Family Feud	20 AM Puzzles/Games Let's Play: Pass the Pigs PM Sunflower Wreath Craft	21 AM Let's Play: Bingo PM September B-days Pizza Party Zumba Gold w/ Jean Hurler	22 AM Puzzles/Games <b>Senior Fair at RCC</b> PM Let's Play: Wheel of Fortune	23 AM Puzzles/Games Shopping at Marshalls PM Let's Play: Bingo	
26 AM Puzzles/Games Shopping at Christmas Tree Shop PM Calendar Review Let's Play: Bingo	27 AM Puzzles/Games Prescription Drug Cost Presentation PM Let's Play: Bingo	28 AM Musical Entertainment w/ Ray Longchamp PM Let's Play: The Price is Right	29 AM Nyack Farmers Market PM Elder Law Update w/ Sonia Burgos Crannage	30 AM Exercise w/ Charlese: Frankie Valli PM Let's Play: Name 5	

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.