

June 2022

Nyack Senior Activity Center, 90 Depew Avenue, Nyack, NY 10960 (845) 353-1311

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
		1 AM Puzzles/Games Let's Play: Name That Tune PM Let's Play: Bingo	2 AM Puzzles/Games Wii Bowling PM Make Your Own Bath Bombs	3 AM Exercise w/ Charlese: Bobby Darin PM Let's Play: Bingo	Every day begins with Breakfast Café & Announcements
6 AM Puzzles/Games Exercise to Music PM Let's Play: Bingo	7 AM Puzzles/Games Shopping at ShopRite PM Let's Play: Bingo	8 AM Puzzles/Games Let's Play: The Name Game PM Dominoes/Checkers /Rummikub	9 AM Puzzles/Games Project Council Meeting PM Exercise w/ Dolan	10 AM Group Crossword Puzzle PM Current Events Discussion	PROGRAMS ARE SUBJECT TO CHANGE
13 AM SNAP Presentation w/Leidy Caban PM Let's Create: Painted Wine Glasses	14 AM Intro to Sign Language with Lauren PM Let's Play: Day at the Races	15 AM Musical Entertainment w/ Eric Kerksen PM June B-Day's Pizza Party Let's Play: Bingo	16 AM Puzzles/Games Shopping at Dollar Store PM Let's Play: Bingo	17 AM Drum Circle w/ Dvora PM Let's Play: Wheel of Fortune	 Flag Day: June 14
20 AM Puzzles/Games No Bake Demo: Peanut Butter Bars PM Let's Play: Bingo	21 AM Puzzles/Games Wii Bowling Visit from Social Worker Jeanette PM Let's Play: Left, Right, Center	22 AM Puzzles/Games Shopping at Ocean State Job Lot PM Magic Show w/ Prof. Harry Hocus	23 AM Puzzles/Games Exercise with Weights PM Let's Play: Family Feud	24 AM Puzzles/Games Trivia Time PM Let's Play: Bingo	 Happy Father's Day: June 19
27 AM Puzzles/Games Painting on Canvas PM Let's Play: The Price is Right	28 AM Exercise w/ Miriam PM Let's Play: Bingo	29 AM Nutrition and Meal Prep w/ Eliza PM Word Games (Prizes!)	30 AM Coloring to Music Shopping at ShopRite PM Let's Play: Bingo		

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.