


May 2022

Ramapo Senior Activity Center, 484 New Hempstead Road, New City, NY 10956 (845) 356-2244

| Monday | Tuesday | Wednesday | Thursday | Friday | Notes |
|--|--|--|---|---|--|
| <p>2</p> <p>AM Puzzles/Games Let's Play: BINGO!</p> <p>PM Tai Chi w/ John Hood</p> | <p>3</p> <p>AM Puzzles/Will Bowling Pokeno</p> <p>PM Speaker: Understanding Mental Illness</p> | <p>4</p> <p>AM Shopping at Burlington or Dominos/Checkers</p> <p>PM Pipe Cleaner Flower Craft</p> | <p>5</p> <p>AM Shopping at ShopRite or Dominos/Jenga</p> <p>PM Cinco de Mayo Lunch Exercise w/ Dina</p> | <p>6</p> <p>AM Exercise w/ Charlese</p> <p>PM Mother's Day Lunch Let's Play: BINGO!</p> | <p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p>Senior Day at Clover Stadium, Home of the New York Boulders Wednesday, June 1. Gates open at 9:30 AM. Game starts at 10:30 AM. Pre-registration required.</p> |
| <p>9</p> <p>AM Puzzles/Games Shopping @ Walmart/Wordle & Word Games</p> <p>PM Let's Play: Chair Soccer</p> | <p>10</p> <p>AM Social Worker Jeanette Visits Wii Bowling Pokeno</p> <p>PM Let's Play: BINGO!</p> | <p>11</p> <p>AM Bowling @ New City Bowl (pre- registration required) or Word Games</p> <p>PM No Bake w/ Eileen: Twinkies Cake</p> | <p>12</p> <p>AM Puzzles/Games Lunch at Sangria's Nanuet (pre- registration required)</p> <p>PM Table Games @ Clarkstown</p> | <p>13</p> <p>AM Puzzles/Games Sign Language with Lauren</p> <p>PM Let's Play: BINGO!</p> | |
| <p>16</p> <p>AM Puzzles/Games Nutrition Talk with Gitty</p> <p>PM Let's Play: Left, Right, Center</p> | <p>17</p> <p>AM Puzzles/Will Bowling Pokeno</p> <p>PM Exercise w/ Susan Peretz</p> | <p>18</p> <p>AM Musical Entertainment; Randy Accardi</p> <p>PM Pizza Party May B-Days Let's Play: BINGO!</p> | <p>19</p> <p>AM Puzzles/Games/ Shopping at Dollar Tree</p> <p>PM Bracelet Making w/ Yarn</p> | <p>20</p> <p>AM Puzzles/Games Drum Circle w/Dvora</p> <p>PM Let's Play: BINGO!</p> | |
| <p>23</p> <p>AM Shopping @ Home Goods/Giant Crossword</p> <p>PM Exercise w/ Rafael (sponsored by Stern at Home Therapy)</p> | <p>24</p> <p>AM Puzzles/Will Bowling Pokeno</p> <p>PM Let' Play: BINGO!</p> | <p>25</p> <p>AM Trip to Color Me Mine Ceramics (pre- registration required)</p> <p>PM Let's Play: Scattergories</p> | <p>26</p> <p>AM Bowling @ New City Bowl (pre- registration required) or Dear Abby</p> <p>PM Painting on Canvas: Lavender Flowers</p> | <p>27</p> <p>50/50 Friday!</p> <p>AM Music w/ Peter Holmgren</p> <p>PM Let's Play: BINGO!</p> | |
| <p>30</p> <p>Memorial Day Center Closed</p> | <p>31</p> <p>AM Puzzles/Will Bowling/Pokeno</p> <p>PM Center Member Meeting: Calendar Review</p> | | | | |

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.