

April 2022

Nyack Senior Activity Center, 90 Depew Avenue, Nyack, NY 10960 (845) 353-1311

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
				1	<p>Every day begins with Breakfast Café & Announcements</p> <p>PROGRAMS ARE SUBJECT TO CHANGE</p>  <p><i>April Showers</i></p> <p>Nyack Senior Activity Center Hours: Monday – Friday, 10:00am – 2:00pm (Doors open at 9:45 AM)</p>
4	5	6	7	8	
11	12	13	14	15	
18	19	20	21	22	
25	26	27	28	29	
<p>AM No Bake: Energy Balls</p> <p>PM Ctr. Member Mtg: Calendar Review</p> <p>Let's Play: Bingo</p>	<p>AM Painting on Canvas: The Southwest</p> <p>PM Let's Play: Head Bandz</p>	<p>AM Puzzles/Games</p> <p>Exercise with Weights</p> <p>PM Let's Play: Bingo</p>	<p>AM Group Crossword</p> <p>PM Let's Play: What's in Your Purse?</p>	<p>AM Puzzles/Games</p> <p>Let's Play: Wheel of Fortune</p> <p>PM Let's Play: Bingo</p>	

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost.