



Senior Center Menu - October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <ul style="list-style-type: none"> • Lentil Soup • Seafood Salad • Pasta Salad • Cucumber Salad • Peaches 	3 <ul style="list-style-type: none"> • Teriyaki Chicken • Herbed Stuffing • Succotash • Cake 	4 <ul style="list-style-type: none"> • Pea Soup • Chef's Stew w/Oriental Vegetables • Farfalle Noodles • Fresh Fruit 	5 <ul style="list-style-type: none"> • Baked Fish Scampi • Brown Rice • Broccoli • Rice Pudding w/Whipped Topping 	6 <ul style="list-style-type: none"> • Stuffed Peppers • Mashed Potatoes • Mixed Vegetables • Ice Cream
9 <ul style="list-style-type: none"> • Potato Leek Soup • Turkey Chili w/Shredded Cheese • Rice • Italian Green Beans • Tropical Fruit 	10 <ul style="list-style-type: none"> • Sausage & Peppers • Oven Brownd Potatoes • Tossed Salad • Melon 	11 <ul style="list-style-type: none"> • Navy Bean Soup • Potato & Cheese Perogies w/Sautéed Onions & Sour Cream & Shredded Cheese • Broccoli • Cake 	12 <ul style="list-style-type: none"> • Barbequed Chicken • Roasted Fresh Yams • Braised Cabbage • Jell-O w/Whipped topping 	13 <ul style="list-style-type: none"> • Tomato Florentine Soup • Deli Platter • Ditalini Salad • Leaf lettuce & Pickle Spear • Fresh Fruit
16 <ul style="list-style-type: none"> • Macaroni & Cheese • Stewed Tomatoes • Cauliflower • Peaches 	17 <u>Octoberfest</u> <ul style="list-style-type: none"> • Cabbage & Rice Soup • Bratwurst w/Sauerkraut • Pickled Beets • German Potato Salad • Apple Strudel 	18 <ul style="list-style-type: none"> • Baked Fish w/Fresh Lemon & Capers • Baked Potatoes • Sautéed Kale • Birthday Cake 	19 <ul style="list-style-type: none"> • Pea Soup • Italian Meatballs • Spaghetti • Broccoli • Chocolate Ice Cream 	20 <ul style="list-style-type: none"> • Apricot Glazed Chicken • Stuffing • Carrots • Mandarin Oranges
23 <ul style="list-style-type: none"> • Chicken Noodle Soup • Chicken Marsala • California Blend Vegetables • Mandarin Oranges 	24 <ul style="list-style-type: none"> • Baked Fish w/Pineapple Salsa • Corn • Sautéed Spinach • Fresh Fruit 	25 <ul style="list-style-type: none"> • Minestrone Soup • Stuffed Rigatoni Bolognese • Fresh Zucchini • Cake 	26 <ul style="list-style-type: none"> • Egg Salad • Sliced Tomatoes • Pasta Salad • Pineapple 	27 <ul style="list-style-type: none"> • Mushroom Barley Soup • Meatloaf w/Gravy • Mashed Potatoes • Peas • Fresh Fruit
30 <ul style="list-style-type: none"> • Chicken Cutlet Parmesan • Whole Wheat Penne Pasta • Broccoli • Peaches 	31 <u>Halloween</u> <ul style="list-style-type: none"> • Barbequed Chicken • Fresh Yams • Braised Cabbage • Halloween Cake 			

Menu is subject to product availability