



Meals On Wheels
Meals are just our first course!

SENIOR ACTIVITY CENTER- APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> • Italian Meatballs w/ Tomato Sauce • Whole Wheat Penne Pasta • Broccoli • Peaches 	4 <ul style="list-style-type: none"> • Barbequed Chicken • Mashed Yams • Braised Cabbage • Fresh Fruit 	5 <ul style="list-style-type: none"> • Stuffed Pepper • Mashed Potatoes • Mixed Vegetables • Cake 	6 <ul style="list-style-type: none"> • Potato Leek Soup • Tossed Salad • Italian Sausage w/Peppers & Onions • Brown Rice • Jello 	7 <ul style="list-style-type: none"> • Baked Fish Oreganata • Lemon Zested Orzo • Peas • Fresh Fruit
10 <ul style="list-style-type: none"> • Hamburgers w/Sautéed Onions • Sweet Potato Fries • Lettuce & Tomato • Fruit Cocktail 	11 Passover Celebration <ul style="list-style-type: none"> • Pot Roast • Grape Juice • Carrot Tzimmes • Potato Pancake • Macaroons 	12 <ul style="list-style-type: none"> • Apricot Glazed Chicken • Fresh Sweet Potatoes • Spinach • Cake 	13 <ul style="list-style-type: none"> • Chicken Noodle Soup • Chicken Cacciatore w/Mushrooms & Pepper • Oven Browned Potatoes • Italian Green Beans • Fresh Fruit 	14 <ul style="list-style-type: none"> • Eggplant Rollatini • Spaghetti w/Marinara Sauce • California Blend • Ice Cream
17 Easter Celebration <ul style="list-style-type: none"> • Glazed Ham • Scalloped Potatoes • Asparagus • Special Dessert 	18 <ul style="list-style-type: none"> • Cream of Tomato Rice Soup • Teriyaki Chicken • Herbed Stuffing • Cauliflower Au Gratin • Fresh Fruit 	19 <ul style="list-style-type: none"> • Meatloaf w/Gravy • Red Bliss Potatoes • Braised Cabbage • Cake 	20 <ul style="list-style-type: none"> • Minestrone Soup • Caesar Salad • Chicken Tetrazzini • Farfalle Noodles • Mandarin Oranges 	21 <ul style="list-style-type: none"> • Baked Fish w/Crushed Tomatoes & Olives • Brown Rice • Sautéed Kale • Butterscotch Pudding
24 <ul style="list-style-type: none"> • Potato Leek Soup • Turkey Chili w/Shredded Cheese • Rice • Italian Green Beans • Tropical Fruit 	25 <ul style="list-style-type: none"> • Tossed Salad • Sausage & Peppers • Oven Browned Potatoes • Fresh Fruit 	26 <ul style="list-style-type: none"> • Navy Bean Soup • Potato & Cheese • Perogies w/Sautéed Onions w/Sour Cream • Broccoli • Cake 	27 <ul style="list-style-type: none"> • Barbequed Chicken • Fresh Yams • Mixed Vegetables • Jello w/Whipped Topping 	28 <ul style="list-style-type: none"> • Tomato Florentine Soup • Ditalini Salad • Deli Platter • Leaf lettuce & Pickle Spear • Fresh Fruit

Menu is subject to product availability