

APRIL 2017

Nyack Senior Center, 90 Depew Ave, Nyack, NY 10960 (845) 353-1311

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>3</p> <p>10:00 Trip to Shop Rite 11:00 Let's Play Trash 1:00 Nyack Hospital Thrift Shop</p>	<p>4</p> <p>10:00 Mahjong Lessons Till with Rita! Double 12:00 Session 1:00 5 Cent Bingo</p>	<p>5</p> <p>10:00 Wii Bowling 11:00 Horoscopes for Fun! 1:00 Exercise w/Miriam Edelstein</p>	<p>6</p> <p>10:00 Walk to Farmers Market 11:30 Project Council Meets with Members 1:00 5 Cent Bingo</p>	<p>7</p> <p>9:30 Breakfast with Jo! 10:00 Trip to Shop Rite 11:00 Hospice Program 1:00 Dancercise w/Dolan!</p>	 <p>Every Morning Starts with Nyack Café, Social Hour, Announcements, and Games! PROGRAMS ARE SUBJECT TO CHANGE</p> <p>EASTER April</p>  <p>National Older Americans Month</p>
<p>10</p> <p>10:00 Trip to Shop Rite 11:00 Wii Bowling 1:00 Easter Quiz and Word Games</p>	<p>11</p> <p>10:00 Play a Board Game 11:00 Let's Make Birdhouses! 1:00 5 Cent Bingo</p>	<p>12</p> <p>10:00 Wii Bowling 11:00 Let's Share Budget Friendly 1:00 Nutrition -Jackie from Shop Rite</p>	<p>13</p> <p>10:00 Walk to Nyack Farmers Market 11:30 Rock with Rafael 1:00 5 Cent Bingo</p>	<p>14</p> <p>10:00 Trip to Shop Rite 11:00 SCRABBLE DAY!  1:00 Word Games GOOD FRIDAY</p>	
<p>17</p> <p>10:00 Trip to Shop Rite 11:30 Balance w/Sharon 1:00 Grace Thrift Shop</p>	<p>18</p> <p>10:00 Rummikub Tournament at Thorpe Sr Center 1:00 5 Cent Bingo</p>	<p>19</p> <p>10:15 Headstart Children Visit! 11:00 Circus/Juggling w/Carlo! 1:00 Play with Nyack Library</p>	<p>20</p> <p>10:00 Volunteer Recognition Day 11:00 Mindful Coloring Easter Basket 1:00 Raffle 1:00 5 Cent Bingo</p>	<p>21</p> <p>9:30 Breakfast w/Jo! 10:00 Trip to Shop Rite 1:00 Darlene Robinson Musical Performance!</p>	
<p>24</p> <p>10:00 Trip to Shop Rite 11:00 Wii Bowling 12:00 RICE AND BEANS LUNCH</p>	<p>25</p> <p>10:00 Trip to Dollar Tree 11:00 10 Things to Do Before 10 AM 1:00 5 Cent Bingo</p>	<p>26</p> <p>9:30 Empire Casino Trip! </p>	<p>27</p> <p>10:30 Talk with Father Bill from St Augustine's and Lunch at Ramapo Sr Activity Center</p>	<p>28</p> <p>9:30 Trip to Shop Rite 10:30 History of Nyack w/Bob Goldberg 1:00 Let's Paint</p>	
					

The Nyack Senior Centers Program is a Division of Meals on Wheels Programs & Services of Rockland County