

MARCH 2017

Nyack Senior Center, 90 Depew Ave, Nyack, NY 10960 (845) 353-1311

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
		<p style="text-align: right;">1</p> 10:00 Community Health to Program 12:00 w/Dominican College 1:00 Getting to Know You with Jo! Ash Wednesday	<p style="text-align: right;">2</p> 10:00 Walk to Farmers Market 11:00 Nutrition Solutions w/Sonia 1:00 5 Cent Bingo	<p style="text-align: right;">3</p> 10:00 Trip to Shop Rite 11:00 Coloring to Relax 1:00 Let's Play Trash	 <p>Every Morning Starts with Nyack Café, Social Hour, Announcements, and Games! PROGRAMS ARE SUBJECT TO CHANGE</p> <p>WOMENS HISTORY MONTH</p>  <p>SPRING TAG SALE! MARCH 29-31</p>
<p style="text-align: right;">6</p> 10:00 Trip to Shop Rite 11:00 Horoscopes for Fun 1:00 Balance w/Sharon	<p style="text-align: right;">7</p> 10:00 Trip to Christmas Tree Shops 12:0 Project Council Meeting 1:00 5 Cent Bingo	<p style="text-align: right;">8</p> 11:00 Put Your Best Fork Forward w/Gitty! 1:00 Let's Go to Carvel!	<p style="text-align: right;">9</p> 10:00 Walk to Nyack Farmers Market 11:30 Rock w/Rafael 1:00 5 Cent Bingo	<p style="text-align: right;">10</p> 10:00 Trip to Shop Rite 11:00 Ireland Video 1:00 Trip to Bloomingdeals!	
<p style="text-align: right;">13</p> 9:30 Harriet Tubman  Reenactment at Thorpe Senior Center!	<p style="text-align: right;">14</p> 11:00 Mahjong Lessons w/Rita! 1:00 5 Cent Bingo	<p style="text-align: right;">15</p> 10:15 Headstart Children Visit! 11:00 Irish Trivia 1:00 Hospice Program w/Carol	<p style="text-align: right;">16</p> 10:00 St Patrick's Day Party at the Clarkstown Sr Center! 	<p style="text-align: right;">17</p> 10:00 Trip to Shop Rite 1:00 Singalong w/Marilyn Arnold St Patrick's Day!	
<p style="text-align: right;">20</p> 10:00 Trip to Shop Rite Wii Bowling 11:00 Let's Write a Spring 1:00 Haiku	<p style="text-align: right;">21</p> 11:00 Mahjong Lessons w/Rita! 1:00 5 Cent Bingo	<p style="text-align: right;">22</p> 9:00 La La Land movie Lafayette theater!  1:30 Word Games Birthday Cake	<p style="text-align: right;">23</p> 10:00 Nyack Farmers Market 11:15 Rock w/Rafael 1:00 5 Cent Bingo	<p style="text-align: right;">24</p> 10:00 Trip to Shop Rite 11:00 Spring Cleaning Tips 1:00 Women's History Film	
<p style="text-align: right;">27</p> 10:00 Breakfast Chat 10:00 Trip to Shop Rite 1:00 Balance w/Sharon	<p style="text-align: right;">28</p> 11:00 Mahjong Lessons w/Rita! 1:00 5 Cent Bingo	<p style="text-align: right;">29</p> 10:00 Wii Bowling 11:00 Let's Replant- Nicole 1:00 Play w/Sharon SPRING	<p style="text-align: right;">30</p> 10:30 Ways to be Happy 11:00 THE PRICE IS 1:00 RIGHT! 5 Cent Bingo TAG	<p style="text-align: right;">31</p> 10:00 Trip to Shop Rite 1:00 Word Games SALE	

The Nyack Senior Centers Program is a Division of Meals on Wheels Programs & Services of Rockland County