



8.8 million of America's seniors — or nearly 1 in 6 — may not know where their next meal is coming from. Programs like Meals on Wheels are critical to solving this national crisis. The nutritious meals, friendly visits and safety checks delivered each day are often all it takes to enable our seniors to live independently in their own homes. And, when they do, we all save billions of tax dollars in avoided hospital, health care and nursing home costs. Investing in Meals on Wheels is a win-win.

NEW YORK

THE SENIOR HUNGER CRISIS
 IS REAL

559,403
 seniors in New York are
 STRUGGLING WITH HUNGER.

199,437
 of them / **36%** / are
 RECEIVING OUR HELP...

LEAVING → **359,966**
IN NEED

IT WOULDN'T TAKE MUCH TO FIX

WE CAN PROVIDE
 nutritious meals for a New
 York senior for a full year
 FOR LESS THAN **\$1,921**.

The Federal government's
 contribution covers
 ONLY **21%** OF THAT COST.

PROGRAMS RELY on
 contributions from state,
 local, private and other
 resources to cover the rest.

THE MORE WE INVEST, THE MORE
 WE SAVE

For every dollar we invest
 in Meals on Wheels we
 CAN SAVE UP TO **\$50**
 in Medicaid spending.

IF WE COMMIT TO SERVING
 just one quarter of New York's
 hungry seniors...

\$173 MILLION WE INVEST
 can be offset 50 times by the
\$8.6 BILLION WE SAVE.

→ **The American public gets it: 71% believe** the government should pay for Meals on Wheels. ←

OLDER AMERICANS ACT NUTRITION PROGRAMS

The Older Americans Act (OAA) has been the primary piece of federal legislation supporting social and nutrition services to Americans age 60 and older since 1965. OAA programs are vital for seniors who are at significant risk of hunger and of losing their ability to live independently.

Title III of the OAA establishes a grant system to fund programs that address the unique needs of vulnerable seniors. These services include:

- > Meals on Wheels home delivery programs and congregate meals (served at group sites, such as senior centers)
- > Transportation services
- > Personal care and homemaker services
- > Caregiver assistance

NATIONAL OAA PROFILE / 2011

Nutrition Programs

Older Americans Act Nutrition Expenditures	\$516,930,580
Total Nutrition Expenditures	\$1,406,503,791
Seniors Served by Meals on Wheels Programs	2,513,056
Home-Delivered	856,471
Congregate	1,656,585
Meals Served by Meals on Wheels Programs	227,733,144
Home-Delivered	139,145,530
Congregate	88,587,614

Client Profile - OAA National Survey

	HOME-DELIVERED	CONGREGATE
Women	65.6%	63.1%
Live in poverty	39%	26%
Belong to a minority group	25.3%	23.3%
Live in rural communities	36.9%	40.7%
Participate in SNAP	15%	7%
Take 5+ medications	61%	31%
Need assistance going outside	84%	72%
Single meal helps provide 1/2 or more of total food for the day	61%	51%
Meals help them feel better	90%	85%
Enable to live at home	92%	60%

→  **More than 500,000** of the seniors served are **Veterans** ←

NEW YORK OAA PROFILE / 2011

State Profile

Older Americans Act Nutrition Expenditures	\$36,433,147
Total Nutrition Expenditures	\$175,164,971
Seniors Served by Meals on Wheels Programs	199,437
Home-Delivered	58,957
Congregate	140,480
Meals Served by Meals on Wheels Programs	22,798,779
Home-Delivered	12,377,236
Congregate	10,421,543

Title III Clients Receiving OAA Nutrition or Other Supportive Services

Live in poverty	23%
Belong to a minority group	31.9%
Live in rural communities	20.5%

Federal Appropriations

Funding for OAA programs is provided through the Department of Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS-Education) annual appropriations bill, and dollars are allocated to states based on a formula. Since FY 2009, federal OAA Appropriations to New York's nutrition programs have fallen by **5.2%**.

