



Adult Day Care of Rockland *at the Bobbi Lewis Center*

CONTACT US

Contact us at 845 624-6325 to set up an appointment with one of our social workers who will walk you and your loved one through the application and registration process. A social worker will arrange your visit to the program and help answer any questions or concerns you may have. Our skilled compassionate staff has been addressing the needs, concerns and feelings of caregivers and participants for over twenty years. We understand how to help you.

FUNDING

Programs funded in part by the Administration on Aging, New York State Office for the Aging, Rockland County Office for the Aging, donations, grants and fees. A copy of our latest annual report may be obtained, upon request, from Meals on Wheels Programs & Services of Rockland or from the NY State Attorney General's Charities Bureau, Attention: FOIL Officer, 120 Broadway, New York, NY 10271.

Unless your donation is restricted in writing, Meals on Wheels Programs & Services of Rockland will use its discretion on the prudent use of your donation for the benefit of its clientele.

For further information:
(845) 624-6325
www.mowrockland.org



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MEALS ON WHEELS 
Programs & Services of Rockland, Inc.

121 West Nyack Road, Nanuet, NY 10954
(845) 624-6325
www.mowrockland.org

*Offering families
peace of mind
for over
twenty years*

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Adult Day Care of Rockland

at the Bobbi Lewis Center

ADULT DAY CARE OF ROCKLAND, located in the Bobbi Lewis Center in Nanuet, is part of the Meals on Wheels Programs & Services of Rockland family of services. This social model adult day care program is designed to offer respite for caregivers and a friendly, safe environment for seniors. The staff/center provides peace of mind for caregivers while improving the quality of life for our participants through recreational and therapeutic activities, thereby encouraging mental stimulation and interaction with peers.

Our professional staff is trained to accommodate needs such as, Alzheimer's disease and other dementias, visual impairment, declines in physical functioning, and other frailties of aging.

The center has two primary missions; to provide individuals with needed care, socialization and supervision in a community setting, and to provide caregivers respite from their demanding responsibilities.



ACTIVITIES OFFERED AT ADULT DAY CARE OF ROCKLAND

- Art Therapy
- Physical Therapy
- Wii
- Yoga
- Music Therapy
- Pet Therapy
- Cooking Classes
- Exercise
- Entertainers
- Holiday & Birthday Parties
- Movies
- Memory Stimulating Games
- Guest Speakers

BEHAVIOR MANAGEMENT

Behaviors associated with Alzheimer's and dementia (wandering, speech difficulties, mood shifts, inappropriate interaction with others) can be addressed.

NUTRITION

A nutritional light breakfast, a hot noon meal and snacks are provided daily.

Special diets accommodated.

Take home evening meals can be arranged upon request.

PERSONAL CARE ASSISTANCE

A professional staff assists with personal care training, eating, using utensils, toileting, medication prompting and activities of daily living.

CAREGIVER SERVICES

- Information & referral
- Counseling for caregivers and families
- Respite for support group attendees

TRANSPORTATION

Door to door transportation is available upon request. Fees apply.

FACILITY: THE BOBBI LEWIS CENTER OFFERS

A spacious, homelike, open concept design

- Dining area
- Activity room
- Art room
- Designated relaxation area
- Wheelchair accessible restrooms
- Physical therapy area

Program Hours

Monday – Friday, 8:30 AM – 4:30 PM

High Staff to Participant Ratio

FEE

There is a set daily rate for the program, however some funding is available through the Rockland County Office for the Aging.

There is a sliding scale available to private pay participants.