



Meals On Wheels

Meals are just our first course!

Ramapo Senior Activity Center



Butterfly

Summer

2017

Ramapo Senior Activity Center

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The Ramapo Senior Activity Center is a division of
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Message from the Manager

I love my job. You've heard me say this many times: at the casino, on the boat trip, when we have fantastic concerts or I take a break from paperwork to play games or chat about current events. And, although I cherish these outings and time we spend together, that is only part of why I enjoy coming to work everyday. At the end of the day, I love my job because I know I work for an organization that makes a difference.

I am told on a daily basis by our members and their families how important Ramapo Senior Activity Center is to them. They tell me they just couldn't imagine what they would do without it. Many of our members have even asked why we can't be open on weekends and holidays.

We've all heard about the proposed budget cuts that we are facing. I wish that our elected officials could see what I see everyday. Our centers keep seniors in their homes longer by not only providing nutritious meals, but also fellowship, exercise, educational programs and opportunities to participate in community service. All things we need to thrive.

When we celebrate holidays and birthdays in our center, we are, in many cases, the only "family" that our members will celebrate with. I am honored to be able to participate in these festive and sometimes solemn occasions.

Please remember to support your center in whatever way you can—bringing new friends, suggesting programs, supporting Bootcamp and most of all by attending. It's vital that we all show how much we love our center!

Fondly,
Janice

The best way to find yourself is to lose yourself in the service of others.
-Mahatma Gandhi

Greetings from your Service Coordinator

Hello Seniors. I would like to introduce myself. My name is Debbie O'Connor and I am the new Service Coordinator at the Ramapo Senior Activity Center. It has been a pleasure to be here since the beginning of April. I find my position both challenging and rewarding and look forward to getting to know each and every one of our members.

Please remember to inform us of any changes to your medication or your health and dietary needs.

Finally, please let your friends and neighbors know about our great center and encourage them to join.

Sincerely,
Debbie O'Connor



We would like to extend a very warm WELCOME to our newest members:

Willie Ash	Shirley Schultz
Mae Brown	Johnnie Sheffield
Venice Cummings	Geraldine Sheppard
Anne Despinasse	Inett Smith
Elaine Edmonds	Nathaniel Stewart
Barbara Fox	Marie Tenemille
Dorothy Golding	Urias Thomas
Mabel Henry	Kalman Toth
Hilma Jarrett	Rosa Valentin
Shirley Maggin	Margaret Waite
Irene McClary	Dessie Williams
Sandra Oby	
Beryl Reid	

Member Musings

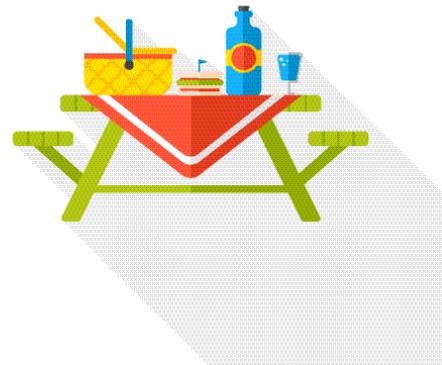
To my Ramapo Friends:

I hope you are having a very enjoyable summer.

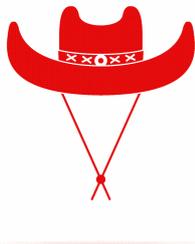
I wanted to share my experiences on some of the events we have gone on this year.

On May 25, 2017 we went to the Westchester Dinner Theatre to see *Mamma Mia*; it was extremely enjoyable. The cast was so delightful that they made you feel as if you were right on stage with them. The food was excellent. It started with a salad, then went on to the entrée and ended with ice cream.

Another event was our annual picnic at Bowline Park in Haverstraw on June 7, 2017. It was a little chilly in the morning, so we all had coffee and donuts. The sun came out in time for lunch and it was a pleasure.



We were treated to hot dogs, potato salad, beans, and chicken. The soda was flowing, plus it was nice to see people from the other centers that we do not normally see and compare the different events they go to. I am sure we are all looking forward to the picnic next year.



Here are a few of the things we did in July:

1. We had lunch at IHOP.
2. We went on a “Pride of the Hudson” Boat Trip.
3. Since we were able to reach 500 in attendance in June, Janice treated us to the ice cream truck.
4. We had Western Music Entertainment with Mary Taylor - she was great!

Until next time,
Eve Weissman

Ramapo Senior Activity Center Says Goodbye to Margie Weidner



Long-time Ramapo member Margaret “Margie” Weidner, 90, passed away on June 24, 2017. Margie came to the center every day and her favorite activities were bingo and concerts. Margie had many friends at the center and she will truly be missed.

“Sweet is the memory of distant friends! Like the mellow rays of the departing sun, it falls tenderly, yet sadly, on the heart.”

-Washington Irving