

Meals on Wheels Programs & Services E-Newsletter

October 2013

We invite our participants, volunteers, supporters, and staff to enjoy the October 2013 issue of our E-Newsletter. Please take a moment to read about recent agency news.

First Niagara Grant Benefits Agency



**First Niagara supports
Meals on Wheels**

Meals on Wheels is pleased to announce that the agency has received a \$5,000 contribution from First Niagara. Pictured **First Vice President at First Niagara, Sara Tucker, Meals on Wheels President & CEO, Barbara Kohlhausen and commissary staff members Jose Bonilla and Ose Badio.**

New Officers Elected at Senior Center



Harriet Basile, President, Mary Karatka, Vice-President, John Maxon, Treasurer, Barbara Buxton, Secretary, and Doris Christopher, Hospitality Chair.

The newly elected Clarkstown/Pearl River Senior Center Seniors look forward to a great year!

Harvest Moon Reception

Please join us on Sunday evening November 3rd for the Harvest Moon Grand Reception!



At this event we will honor **The Rockland Boulders and Ed McGuinness**, former Meals on Wheels Board Chair.

Please contact **Marie Porrovecchio** at (845) 624-6325 or at mporrovecchio@mowrockland.org for more information.

Public Hearing to be Held



The Advisory Council of the Rockland County Office for the Aging will conduct a Public Hearing on the Annual Plan of the Office for the Aging 2014 on Tuesday, October 29, 2013 starting at 10:00 a.m. at the Fire Training Center in Pomona, N.Y.

Town of Clarkstown Supports Meals on Wheels

Thank you to the Town of Clarkstown for holding a food drive for Meals on Wheels. Collection boxes can be found in the Town Hall lobby and at the town's recreation centers.



Alex Gromack, Supervisor displays recent donations

Key Bank Support Appreciated



Meals on Wheels Programs & Services of Rockland is very grateful for the continued support from Key Bank. Here **Grants & Donor Communications Manager, Maddy Schiering** accepts a donation from **Bob Schweizer, Vice President Business Banking** and **John Badi, Assistant Vice President, Branch Manager, Nanuet of Key Bank.**

Seniors Learn that Nutrition Matters thanks to a United Way Community Impact Grant



Clarkstown/Pearl River Senior Center members take an educational trip to the Nyack Farmer's Market last month.



Marianne Colucci, Director of Food Service & Nutrition at Meals on Wheels, presents the workshop to North Rockland Seniors

Support Meals on Wheels

Our programs and services are only possible with support of generous donations. Consider commemorating a special occasion or sending a message of sympathy with a donation to Meals on Wheels.

Please consider making a tax-deductible on-line contribution today by [clicking here.](#)

Like us on Facebook 

Join Our Mailing List!

Volunteering Rocks!

Just ask **Helen D'Agostino** who has volunteered delivering meals since Meals on Wheel's inception 38 years ago!



"One of the reasons I have stuck with it is that there is still that personal touch."

*-Helen D'Agostino
Pearl River, NY*

Thank you Helen for your incredible service. We are lucky to have you!

Much thanks goes to the United Way of Rockland County for a \$7,000 grant for the "Nutrition Matters: Eat Well & Shop Wisely Program." The agency is working in collaboration with the Rockland County Department of Health and the Martin Luther King Multipurpose Center in Spring Valley to provide this important program of educational nutrition workshops and corresponding shopping trips to local Farmer's Markets and Supermarkets to our seniors.

M & T Bank Participates in United Way Day of Caring



M & T Bank Staff

14 staff members from M & T Bank participated in the United Way Day of Caring last month by helping Meals on Wheels with a number of projects- from assisting with our pie sale to spending time with our Seniors, all involved had a wonderful experience!

Food Pantry Grant From Rockland Community Foundation



A grateful thank you to the Rockland Community Foundation and Inserra Supermarkets for a \$500 Food Pantry Grant. The grant will enable Meals on Wheels to better serve our homebound program participants in advance of severe weather. Pictured, **Maddy Schiering, Meals on Wheels Grants & Donor Communications Manager**, accepts the grant from **Patrick Byrne, President of the Rockland Community Foundation**.

Estate Planning

Did you know that there may be tax and other benefits in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts life insurance for example. For more information, please [click here](#) or contact Marie Porrovecchio at (845) 624-6325 .

Confirmation Class Students Assist Meals on Wheels

Six students from St. Anthony's Church in Nanuet donated their time by compiling bags of shelf stable food for emergency use to be delivered to our Homebound Meal Delivery Program participants.



St. Anthony's Students

Pet Food Donation Drive to Benefit Seniors

Meals on Wheels is very grateful to the Banfield Charitable Trust for organizing the donation of pet food for Meals on Wheels recipients in Rockland. The pet food drive is happening at the Banfield Pet Hospital located inside the Nanuet Pet Smart store. For many seniors, their beloved pet keeps them vibrant and motivated to stay healthy. Removing the burden of the cost of pet food helps them immeasurably.

Paychex Employees Show They Care



Paychex Employees

Nine Paychex employees recently volunteered at the Clarkstown/Pearl River Senior Center, the Bobbi Lewis Adult Social Day Care Center and in the agency's commissary. It is only with the support of our community that Meals on Wheels can continue to provide its essential services to those in need!

Girl Scouts Collect for the Covered Cupboard



Volunteer Coordinator Sharon Martini accepts the donation.

Local Girl Scouts working on their Silver Award compiled and delivered shelf-stable food items in decorative boxes to Meals on Wheels for the agency's Covered Cupboard non-perishable food pantry for our Homebound Meal Delivery Program participants.

We hope you enjoy the newsletter, and we welcome your feedback.

[Meals on Wheels Programs and Services of Rockland](#)



North Rockland Senior Center Visits Circus

Our North Rockland Seniors had a wonderful time at the Shriner's Circus!



North Rockland Seniors

Subscribe to Office for the Aging Newsletter

Looking Forward is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



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