

# Meals on Wheels Programs & Services E-Newsletter

September 2013

We invite our participants, volunteers, supporters, and staff to enjoy the September 2013 issue of our E-Newsletter. Please take a moment to read about recent agency news.

## Wells Fargo Community Partner Program Benefits Agency



Meals on Wheels is pleased to announce that the agency has received a \$1,000 contribution from Wells Fargo. Pictured Meals on Wheels Chairman *Stan Schwarz* accepts the donation from *Carlos Lopez* and *Michael Bartolomeo* of the Wells Fargo Pearl River store.

## Rockland Hunger Summit Held

On September 18th Meals on Wheels participated in Rockland's third annual Hunger Summit to address hunger throughout the county. The Hunger Summit came just as Congress is looking at making extensive cuts to the Supplemental Nutrition Assistance Program (SNAP). In December 2012 Rockland had more than 43,000 SNAP participants, and it's likely that even more may qualify for the program. Please [click here](#) for the full article submitted by Vincent Abbatecola.

## Senior Boot Camp & Expo a Great Success!

Meals on Wheels Programs and Services of Rockland held a Senior Boot Camp & Expo on Tuesday, September 10th at the West Haverstraw Village Hall & Community Center. Seniors from our five senior centers attended the event themed, "Keep Moving!" while raising funds for their centers.

*Special thanks to our platinum sponsor [CenterLight Healthcare](#) and to Alexander J. Rosado, DPT, CSCS from [Bardonia Physical Therapy](#) who lead many of the day's activities.*

## Harvest Moon Reception

Please join us on Sunday evening November 3rd for the Harvest Moon Grand Reception!



At this event we will honor *The Rockland Boulders* and *Ed McGuinness*, former Meals on Wheels Board Chair.

Please contact **Marie Porrovecchio** at (845) 624-6325 or at [mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) for more information.

## Welcome New Board Member



**Barry Fein**

Meals on Wheels is pleased to welcome new board member Barry Fein. Please [click here](#) to read Barry's bio.



Please [click here](#) to see more photos from the Boot Camp!

### I Spy A Meals on Wheels Coin Can!



In the age of debit cards, PayPal accounts, and smartphone payment apps it may seem archaic to distribute coin collection cans, but the cans offer an easy way to lighten the load in your pocket or purse while reminding us that there are still many people who depend on our home-delivered nutritious meals and the warm smile of our caring volunteers.

So look for our Meals on Wheels coin cans at over 100 locations throughout the county and go ahead and drop those annoying coins in. Dollar bills also fit nicely through the slots!

### Rotary Support Appreciated



Meals on Wheels Programs & Services of Rockland is very grateful for the continued support from local Rotary clubs. Here President & CEO **Barbara Kohlhausen** accepts a donation from the North Rockland Rotary President **Carole Tjoa** and Rotary member and MOW board member **Ralph Travaligni**.

### Support Meals on Wheels

Our programs and services are only possible with support of generous donations. [Consider commemorating a special occasion or sending a message of sympathy](#) with a donation to Meals on Wheels.

Please consider making a tax-deductible on-line contribution today by [clicking here](#).

Like us on Facebook

Join Our Mailing List!

### Volunteering Rocks!

Just ask **Debbie Donohue** who volunteered with her son and daughter delivering meals this summer.



### A meal, and so much more.

Each day, the largest volunteer network in America delivers more than a million meals to seniors struggling with hunger. Along with those meals, our volunteers deliver dignity and compassion. But with more than six million seniors in America who do not have access to regular meals, there's work to be done. By being a part of the Meals On Wheels volunteer network, you can deliver the hope that together, we can end senior hunger.

Please join us at [www.mowrockland.org](http://www.mowrockland.org) or 845-624-6325



"Not only have my children experienced first-hand the joy of giving back, but they have also gained valuable life experience working together as a team."

-Debbie Donohue  
Pearl River, NY

## Public Hearing on 2014 Plan of the Office for the Aging



The Advisory Council of the Rockland County Office for the Aging will conduct a Public Hearing on the Annual Plan of the Office for the Aging 2014 on Tuesday, October 29, 2013 starting at 10:00 a.m. at the Fire Training Center in Pomona, N.Y.

## Barbara Buxton Shares Her Story



**Barbara Buxton**

Barbara Buxton shares her story in the September appeal letter mailed early this month. Please [click here](#) to learn how Barbara benefits from attending our Clarkstown/Pearl River Senior Center and consider making a donation to help us provide for our county's seniors.

## Be in It to Win it!



The Meals on Wheels "Super Raffle" is a limited raffle with a maximum of 300 raffle tickets sold and the chance to win a grand prize of up to \$10,000. Please call Marie at the Meals on Wheels Office at (845) 624-6325 for more information or to participate (must be 18 or older). The winner will be drawn at the Harvest Moon Grand Reception on November 3rd but need not be present to win.

**We hope you enjoy the newsletter, and we welcome your feedback.**

**[Meals on Wheels Programs and Services of Rockland](#)**

## Estate Planning

Did you know that there may be tax and other benefits in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts life insurance for example. For more information, please [click here](#) or contact Marie Porrovecchio at (845) 624-6325 .

## Subscribe to Office for the Aging Newsletter

*Looking Forward* is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



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