

## August 2015 E-Newsletter

We invite participants, volunteers, supporters and staff to enjoy this issue of our E-Newsletter. Please take a moment to read our recent news.

### Harvest Moon Grand Reception to be held September 20th

Please join us on **Sunday, September 20th, from 4:30 p.m. to 8:30 p.m.** at Town & Country Caterers, Congers, NY for the Harvest Moon Grand Reception and Silent Auction.

The 2015 honorees are:

**TD Bank, N.A.  
Barbara Kohlhausen  
PDI Inc.**



[Please click here to view the full invitation.](#)

### Be in it to Win it!

The Meals on Wheels "**Super Raffle**" offers a maximum of only 300 raffle tickets sold and the chance to win a **grand prize of up to \$10,000!**

Please contact Marie at 845/624-6325 or at [mporrovecchio@mowrockland.org](mailto:mporrovecchio@mowrockland.org) for more information or to participate (must be 18 or older). The winner will be

### Carlucci Secures \$50,000 in Funding for Meals on Wheels



Thank you to Senator David Carlucci for helping Meals on Wheels secure \$50,000 in funding! The funding will be used to replace two condensing units for two walk-in refrigerators that are used to store fresh food items needed to produce over 190,000 meals annually to serve seniors and the homebound and for food for approximately 7,300 meals for the Homebound Meal Delivery Program.

### BMW Associates Care about Community



drawn at the Harvest Moon Grand Reception on September 20th but you need not be present to win.



### Welcome New Staff Members

The agency warmly welcomes new staff members, **Darshana Bhatt** and **Helyn Bryant**.



**Darshana** is a Caseworker/Intake Coordinator in our Social Work department.



**Helyn** is the new Nyack Senior Center Manager.

### BMW Volunteers Assist in the Meals on Wheels Commissary

15 BMW Financial Services associates graciously volunteered last month to work in the commissary preparing meals, delivering five routes to approximately 50 homebound meal delivery program participants and enjoying lunch and engaging in rousing games of Scattergories with seniors at Meals on Wheels' Clarkstown/Pearl River Senior Center. If your company or organization is interested in a group volunteering day, please contact Volunteer Coordinator Sharon Martini at [smartini@mowrockland.org](mailto:smartini@mowrockland.org) or at (845) 624-6325.

### A Different Type of Homebound Service Now Available



Rockland County residents that are unable to travel to a library due to illness, age or disability may now receive library materials through the U.S. mail for FREE! Contact your local library to arrange the service directly with the library. Certain restrictions may apply. [Please click here to view the website of the Ramapo Catskill Library System](#) which serves Rockland County among several others.

## Thank You to TD Bank

Thank you to TD Bank as the TD Charitable Foundation has approved a generous \$2,500 contribution to the Homebound Meal Delivery Waiting List Relief program!



## Support Meals on Wheels

Our programs and services are only possible with support of generous donations. [Please consider commemorating a special occasion or sending a message of sympathy](#) with a donation to Meals on Wheels.



Make a tax-deductible on-line contribution today by [clicking here](#).

## Estate Planning

Did you know that there may be [tax and other benefits](#) in making a planned gift to Meals on Wheels? Planned gifts may include bequests, charitable gift annuities, gifts of stock, and gifts of life insurance for example. For more information, please [click here](#) or contact *Marie Porrovecchio* at (845) 624-6325 .

## Virtual Tips Help Raise the Bar!



Two of our Guest Bartenders: *Julie Prevost* of Putnam Savings Bank and *Matt Schiering* of PDI/Sani Professional Division.

Nine guest bartenders showed their skills on Sunday, August 2nd at the Growler & Gill Craft Beer Shoppe in Nanuet by serving patrons and donating all of their hard-earned tips to Meals on Wheels. With an online component added the bartenders were able to raise over \$2,000 for the agency!

## Upcoming Community Events



### Senator David Carlucci's 4th Annual Senior Fair

Senator David Carlucci's 4th Annual Senior Fair will be held **Tuesday, August 25th** at the Rockland Community College Fieldhouse. Over 200 local vendors and resources are expected. Call Senator

### Lose to Win Weight Loss Program

The Rockland County Department of Health, Division of Health Education & Chronic Disease Prevention will be presenting an eight-week workshop series **beginning**

## Volunteer Spotlight: Chris Jordan

Chris Jordan had been searching for a local agency so he could volunteer while attending St. Thomas Aquinas College. Fortunately, someone suggested Meals on Wheels to him and Chris says it has been a really rewarding experience ever since he started delivering meals. Chris says, "As a driver I feel really fortunate that I get to see the happiness that (my efforts) bring to some of the seniors I deliver to."



### Become part of the Meals on Wheels Family too!

Contact Sharon at 845/624-6325 or at [smartini@mowrockland.org](mailto:smartini@mowrockland.org).

## Alzheimer's Association a Great Resource

The Alzheimer's Association, Hudson Valley/Rockland/Westchester, NY Chapter, offers educational programs, a helpline, support groups, care consultation, professional training and more!



For more information on the Alzheimer's Association and their programs, please [click here](#).

## Driver of the Month

Carlucci's Rockland Office at (845) 623-3627 for more information.

**September 10th** in Garnerville. A \$10 fee is due at the time of registration. Please call (845) 786-3800 ex. 18 or 19 to register.

## Pet Food Pantry Thrives with Volunteer Support



*Alice Mills and Betty White Keep the Pet Food Pantry Running!*

Two wonderful volunteers, *Alice Mills* and *Betty White*, enable Meals on Wheels to help keep the **Mutts N' Meows Pet Food Pantry** running smoothly. Alice and Betty telephone clients who have expressed a need for pet food each month to determine their pets' food needs and then match that with the pantry's inventory. Alice and Betty then pull the inventory that can be provided and label it for delivery. Volunteer drivers deliver the pet food the next day. **The pantry is funded strictly by donations and the pet food is intended to help supplement what our clients provide their pets.**

Congratulations to the July Driver of the Month, *Jean Lemaire!*



To read more about Jean, please [click here](#).

Subscribe to Office for the Aging Newsletter

*Looking Forward* is an informative bi-monthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



[Click here for information on how to subscribe.](#)

## Did You Know?



Thanks to Meals on Wheels Programs & Services of Rockland's participation in the Magnolia Meals at Home™ many of our neighbors living with breast cancer receive up to six monthly home deliveries of up to seven meals designed to help meet their specific nutritional needs. In addition, family members may also receive up to 10 meals as well. To find out if you or a loved one is eligible visit the Magnolia Meals website by [clicking here](#) or contact Ilsa Svoboda at [isvoboda@mowrockland.org](mailto:isvoboda@mowrockland.org) or at (845) 624-6325.

## Thorpe Seniors Embrace Red Hat Society Message



Meals on Wheels' Thorpe Senior Center members recently enjoyed a Red Hat luncheon at Taste of Spain restaurant in Northvale, NJ. The [Red Hat Society](#) is a global movement that connects, supports and encourages women in their pursuit of fun, friendship, freedom, fulfillment and fitness while supporting each other in the quest to get the most out of life.