

# Meals on Wheels Programs & Services E-Newsletter

June 2013

We invite our participants, volunteers, supporters, and staff to enjoy the June 2013 issue of our E-Newsletter. Please take a moment to read about the most recent agency news.

## Nutrition Matters: Eat Well & Shop Wisely



United Way  
of Rockland County

Meals on Wheels is pleased to announce that the agency has been approved for a \$7,000 grant from the United Way of Rockland County for the "Nutrition Matters: Eat Well & Shop Wisely Program." The agency will be working in

collaboration with the Rockland County Department of Health and the Martin Luther King Multipurpose Center to provide this important program to seniors in the County.

## Thorpe Senior Center Art Exhibit Held



Thorpe Senior  
Center Artists

Meals on Wheels' own Thorpe Senior Center held an art exhibit this past weekend at the Dominican Convent in Sparkill, NY. Many senior artists from the Thorpe Center proudly displayed their work at this event.

## 1st Wags for Wheels Event a Success



Wags for Wheels 2013

Those participating in the agency's Wags for Wheels event had a wonderful time and helped raise thousands for Meals on Wheels' important programs!

## Seniors participate in Older Americans Month



May marked the 50th anniversary of Older Americans Month! Many of our seniors participated by attending the Rockland County Office for the Aging's Senior Awareness Day held May 22nd.

## Support Meals on Wheels

We remain dedicated to serving the needs of Rockland County's seniors and homebound. Our programs and services are only possible with support of generous donations.

**Please consider making a tax-deductible on-line contribution today by [clicking here.](#)**

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## People's United Bank Supports Meals on Wheels

Thank you to People's United Bank for a generous \$1,000 donation to the agency. This contribution was made at the June 7th Grand Opening of the new branch in the Orangeburg, NY Stop & Shop.



**Barbara Kohlhausen  
accepts the donation.**

## Inter-generational Program Thrives



Thanks to a grant secured by Beth Norman, art teacher at the [Blue Rock School](#), Thorpe Senior Center participants benefit regularly from the wonderful experience of working with students from the Blue Rock School on various art projects at the school's West Nyack, NY location. Both the seniors and the children love interacting, learning from each other and sharing in the joy of art.

## Welcome Two New Staff Members



**Cheryl Croce,  
Supervisor Bobbi Lewis  
Adult Day Program**



**Sharon Martini, Volunteer  
Coordinator**

Meals on Wheels is pleased to welcome Cheryl & Sharon! Please [click here](#) to view their bios.

## Girl Scouts Donate Cookies



Girl Scout Troop 40736 donates Girl Scout cookies to Clarkstown & Pearl River Seniors earlier this month.



## Fun at the Rockland Boulders

Thanks to [Holt Construction](#) for the donation of their suite on the night of June 6th. Meals on Wheels supporters enjoyed a great time despite the rain!



**The Alperts**



**The Kohlhausens and The Murphys**

We hope you enjoy the newsletter, and we welcome your feedback.

**[Meals on Wheels Programs and Services of Rockland](#)**

## Subscribe to Office for the Aging Newsletter

*Looking Forward* is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



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