

Meals on Wheels Programs & Services E-Newsletter

April 2013

We invite our participants, volunteers, supporters, and staff to enjoy the April 2013 issue of our E-Newsletter. Please take a moment to read about the most recent agency news.

19th Annual Golf Challenge to be held May 6th



Please join us on Monday, May 6th at the Philip J. Rotella Memorial Golf Course in Thiells, NY for the 19th Annual Golf Challenge to benefit Meals on Wheels. Can't join us for what is sure to be a great day? Then please consider supporting the event with one of our many sponsorship opportunities.

[Click here for more information or to register.](#)

Walk Away Hunger at Rockland Lake



Run or Walk- but join us either way!

Step into Spring at our 3rd Annual 5K Walk Away Hunger to be held Saturday, May 11th at Rockland Lake! The Walk will be held concurrently with the Rockland Road Runners' 3rd Annual Bill Fortune Memorial 10k/5k Run to benefit Meals on Wheels.

[Click here for more information or to register for the WALK.](#)

[Click here for more information or to register for the RUN.](#)

Save the Date

In addition to our events highlighted in the column on the left, we hope you will join us for our upcoming June event:

June 2, 2013

[Wags for Wheels Dog Walk](#)
Children's Park, Chestnut Ridge, NY

Like us on **Facebook** 

[Join Our Mailing List!](#)

Welcome Newest Board Member



Mary Scanlon

Meals on Wheels is pleased to welcome our newest Board Member, Mary Scanlon. Mary is native to Rockland County and served as a detective with the New York Police Department in her career. Now retired from law enforcement, Mary enjoys volunteering, cycling and entertaining. Mary lives in Pearl River with her husband and two sons.

Agency Receives Grants



Joe Abate, Director Office of Community Development with Maddy Schiering of Meals on Wheels

The agency is pleased to announce the receipt of the following grants: a \$10,000 Community Development Block Grant, administered by the County's Office of Community Development; \$5,000 in support of the agency's Homebound Meal Delivery Program from both Macy's and People's United Bank, and a \$2,500 in-kind donation from Stop & Shop Supermarkets.

Accepting DVD or Videotape Donations

The Bobbi Lewis Adult Social Day Program is currently seeking donations of new or gently used DVDs or videotapes about nature, animals, other cultures or countries or related topics. If you think you may be able to meet this request, please call the main office at Meals on Wheels at 845/624-6325 first. Thank you!



Meals on Wheels' Adult Learning Center Computer Classes Offered



Introduction to Computers, Excel, Picasa, Genealogy, and other computer classes will be starting again in May. [Click here](#) for the class schedule or call (845) 623-5467 for more information or to register.

We hope you enjoy the newsletter, and we welcome your feedback.

[Meals on Wheels Programs and Services of Rockland](#)

Support Meals on Wheels

We remain dedicated to serving the needs of Rockland County's seniors and homebound. Our programs and services are only possible with support of generous donations.

Please consider making a tax-deductible on-line contribution today by [clicking here](#).

Subscribe to Office for the Aging Newsletter

Looking Forward is an informative bimonthly newsletter that offers information pertinent to seniors. The newsletter focuses on topics that provide help, suggestions and sources that keep you up-to-date with information sought by many seniors.



[Click here for information on how to subscribe](#)

Important News & Links for Seniors

The Alzheimer's Association will be holding an educational conference on Friday, May 3rd at the Stony Point Center.

[Click here for more information.](#)

Free event for seniors! CarFit is offering older adults the opportunity to determine how well their personal vehicles "fit" them on Saturday, May 4th at Helen Hayes Hospital.

[To learn more, please click here.](#)

Save the date for the 28th Annual **Senior Awareness Day Conference** on Wednesday, May 22nd. Call the Office for the Aging at 845/364-2110 for more information.