

# Meals on Wheels Programs & Services Newsletter

January 2013

## Meals at Home for Families facing Breast Cancer



Meals on Wheels Programs & Services of Rockland is participating in a county wide pilot program. Thanks to the Magnolia *Meals at Home*™ program many of our neighbors living with breast cancer are now able to receive up to six monthly home deliveries of up to seven meals designed to help meet their nutritional needs. In addition, family members may also receive up to 10 meals as well. To find out if you or a loved one is eligible visit [www.MagnoliaMealsAtHome.com](http://www.MagnoliaMealsAtHome.com) or contact Ilsa Svoboda at [isvoboda@mowrockland.org](mailto:isvoboda@mowrockland.org) or at 845/624-6325.

## A Gift from the Heart

*9 year meal recipient knits for commissary staff*



**Showing off the knitted gifts**

Every day at 5 a.m. the dedicated commissary staff prepare over 1200 meals. This past holiday season, to give back, one Meals on Wheels recipient, Libby Deutsch, wanted to say 'thank you'. Deutsch, 86 and a meal recipient for 9 years, knitted 10 sets of winter hats and scarves by hand and presented them to staff and volunteers last month.

## Congratulations!



**Gloria Perlman happily receives her award**

**The following Meals on Wheels staff members were recognized in 2012.**

Employee of the Year  
**Gloria Perlman**, *Assistant Manager at the Ramapo Senior Center*. Gloria is an 18 year veteran of the agency.

20 Years of Service  
Emmanuela Etienne

5 Years of Service  
Claudia Antonie  
Linda Canariato  
Francine Fevola  
Lillian Funk  
Walter Gould

Perfect Attendance  
Dave Bellizzi  
Roland Carenard  
Frank Gillette  
Janice Rhodes

## New Home for Ramapo Senior Center



**Ramapo Seniors  
at their new  
facility**

The Ramapo Senior Center, one of the agency's five senior centers located across the county, recently moved to Murchison Hall at the New Hempstead Presbyterian Church. The Ramapo Center offers a "home away from home" with stimulating activities, programs, trips a daily hot lunch and transportation. Any seniors interested in attending the Center at the new location can contact Joan Carter at 845/365-2244.

## Agency Receives Several Grants



**Meals on Wheels'  
Maddy  
Schiering  
accepts a check  
from Walmart's  
David Pence**

The agency is pleased to announce the receipt of the following recent grants: \$25,000 from the Walmart Foundation, \$15,000 from the Hagedorn Fund, \$7,000 from the Miles Hodsdon Vernon Foundation, \$5,000 from Pfizer, and \$850 (two grants) from the Rockland Community Foundation. All grants were for the Homebound Program, which includes meal delivery and the shelf-stable food program.

## Corporate Volunteers Make a Difference



**Volunteers from  
BMW package  
shelf stable  
meals**

Associates from BMW Financial Services, Capital One Bank and Gannett/Journal News all took time out of their busy corporate lives to volunteer at Meals on Wheels this past Fall. Groups supported the Homebound Meal Delivery Program by packaging shelf stable food items for delivery, by assisting with meal preparation in the commissary, and by delivering meals to the homebound.

Like us on **Facebook** 

Join Our Mailing List!

**Harvest Moon  
Reception a Great  
Success!**



**Mr. and Mrs.  
Michael Pointing.  
Mr. Pointing, Vice  
President &  
General Manager  
at United Water  
served as the  
2012 honoree.**

[Click here to see photos  
from the Event!](#)

## Important News & Links for Seniors

### February 22nd Medicare Seminar Offered

Presented by Rockland County Office for the Aging. [Click here](#) for more info.

All federal benefit payments, including **Social Security benefits, will be electronic by March 1, 2013.** To learn more, please visit the web site for the [U.S. Treasury Department](#)

Sign up for Senator Carlucci's **Senior Advisory Committee.** For more information [click here](#).

**We hope you enjoy the newsletter, and we welcome your feedback.**

**Sincerely,**

**Meals on Wheels Programs and Services  
of Rockland, Inc.**

## Welcome New Volunteer Coordinator



**Patti Brennan  
recently joined the  
Meals on Wheels  
Staff**