



Senior Center Menu - November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <ul style="list-style-type: none"> • Potato Leek Soup • Tuna Salad • Leaf Lettuce & Sliced Tomatoes • Cucumber Salad • Cake 	2 <ul style="list-style-type: none"> • Italian Sausage w/Peppers & Onions • Tossed Salad • Jello w/Whipped Topping 	3 <ul style="list-style-type: none"> • Roast Turkey w/Gravy and Stuffing • Peas • Fresh Fruit
6 <ul style="list-style-type: none"> • Hamburger w/Sautéed Onions • Corn-on-Cob • Coleslaw • Fruit Cocktail 	7 <ul style="list-style-type: none"> • Tomato Florentine Soup • Fish Scampi w/Capers • Brown Rice • Romaine Salad w/Tomato & Feta • Fresh Fruit 	8 <ul style="list-style-type: none"> • Barbequed Chicken • Roasted Chef Potatoes • Mixed Vegetables • Cake 	9 <ul style="list-style-type: none"> • Chef's Stew Burgundy • Mushroom Gravy • Red Mashed Potatoes • Broccoli • Ice Cream 	10 <ul style="list-style-type: none"> • Lentil Soup • Eggplant Rollatini • Spaghetti w/Marinara Sauce • Italian Green Beans • Fresh Fruit
13 <ul style="list-style-type: none"> • Chicken Rice Soup • Macaroni & Cheese • Stewed Tomatoes • Peaches 	14 <ul style="list-style-type: none"> • Teriyaki Chicken • Baked Yam • Braised Cabbage • Fresh Fruit 	15 <ul style="list-style-type: none"> • Pea Soup • Meatloaf w/Gravy • Noodles • Mixed Vegetables • Birthday Cake 	16 Thanksgiving Celebration <ul style="list-style-type: none"> • Roast Turkey w/Gravy • Cranberry Sauce • Apple Cider • Mashed yams • Brussel Sprouts • Pumpkin Pie 	17 <ul style="list-style-type: none"> • Mushroom Barley Soup • Stuffed Peppers • Mashed Potatoes • Carrots • Fresh Fruit
20 <ul style="list-style-type: none"> • Potato Leek Soup • Turkey Chili w/Shredded Cheese • Rice • Italian Green Beans • Tropical Fruit 	21 <ul style="list-style-type: none"> • Sausage & Peppers • Roasted Potatoes • Tossed Salad • Fresh Fruit 	22 <ul style="list-style-type: none"> • Navy Bean Soup • Potatoes & Cheese • Perogies w/Sautéed Onions & Sour Cream • Broccoli • Cake 	23 Centers Closed	24 Centers Closed
27 <ul style="list-style-type: none"> • Macaroni & Cheese • Stewed Tomatoes • Cauliflower • Peaches 	28 <ul style="list-style-type: none"> • Chicken Noodle Soup • Chicken Salad • Carrot Salad • Red Potato Salad • Fresh Fruit 	29 <ul style="list-style-type: none"> • Baked Fish w/Fresh Lemon & Capers • Brown Rice • Sautéed Kale • Cake 	30 <ul style="list-style-type: none"> • Pea Soup • Italian Meatballs • Spaghetti • Broccoli • Chocolate Ice Cream 	

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