



Senior Center Menu - AUGUST 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| | | 1 <ul style="list-style-type: none"> • Navy Bean Soup • Baked Fish w/Lemon & Capers • Quinoa • Broccoli • Birthday Cake | 2 <ul style="list-style-type: none"> • Barbequed Chicken • Roasted Yam • Mixed Vegetables • Jell-O w/ Whipped Topping | 3 <ul style="list-style-type: none"> • Red Lentil Soup • Ditalini Salad • Tuna Salad • Marinated Chick Peas • Fresh Fruit |
| 6 <ul style="list-style-type: none"> • Stuffed Peppers • Mashed Potatoes • Green Beans • Peaches | 7 <ul style="list-style-type: none"> • Lemon Chicken Orzo Soup • Carrot Salad • Chicken Salad • Tri Color Pasta Salad • Apple Sauce | 8 <ul style="list-style-type: none"> • Tossed Salad • Italian Meatballs • Spaghetti • Chocolate Ice Cream | 9 <ul style="list-style-type: none"> • Pea Soup • Baked Fish w/Tomato & Olives • Baked Potato • Sautéed Kale • Cake | 10 <ul style="list-style-type: none"> • Chicken Marsala • Rice • Glazed Carrots • Fresh Fruit |
| 13 <ul style="list-style-type: none"> • Chicken Noodle Soup • Barbequed Chicken • Roasted Yam • Oriental Vegetables • Mandarin Oranges | 14 <ul style="list-style-type: none"> • Hot Dogs • Sauerkraut • Vegetarian Beans • Fresh Fruit | 15 <ul style="list-style-type: none"> • Escarole & Bean Soup • Caesar Salad • Stuffed Rigatoni • Cake | 16 <ul style="list-style-type: none"> • Three Bean Salad • Egg Salad • Sliced Tomatoes • Pineapple | 17 <ul style="list-style-type: none"> • Mushroom Barley Soup • Turkey Chili w/Shredded Cheese • Rice • Peas • Fresh Fruit |
| 20 <ul style="list-style-type: none"> • Red Lentil Soup • Chicken Cutlet Parmesan • Whole Wheat Penne • Broccoli • Peaches | 21 <ul style="list-style-type: none"> • Teriyaki Chicken • Baked Yam • Spinach • Fresh Fruit | 22 <ul style="list-style-type: none"> • Potato Leek Soup • Cucumber Salad • Turkey & Cheese • Lettuce & Tomato • Birthday Cake | 23 <ul style="list-style-type: none"> • Tossed Salad • Italian Sausage w/Peppers & Onions • Oven Roasted Potatoes • Jell-O w/Whipped Topping | 24 <ul style="list-style-type: none"> • Corn Chowder Soup • Baked Fish Oreganata • Lemon Zested Orzo • Peas • Fresh Fruit |
| 27 <ul style="list-style-type: none"> • Potato Leek Soup • Hamburger w/Sautéed Onions • Corn on the Cob • Lettuce & Pickle • Fruit Cocktail | 28 <ul style="list-style-type: none"> • Salmon Burger • Mashed Potato • Sautéed Kale • Fresh Fruit | 29 <ul style="list-style-type: none"> • Pasta Fagioli Soup • Coleslaw • Tuna Salad • Sliced Tomatoes • Cake | 30 <ul style="list-style-type: none"> • Chicken Cacciatore w/Mushrooms & Peppers • Oven Browned Potatoes • Italian Green Beans • Fresh Fruit | 31 <ul style="list-style-type: none"> • Chicken Noodle Soup • Tossed Salad • Eggplant Rollatini • Penne w/Marinara Sauce • Ice Cream |

Menu is subject to product availability