

March 2015 Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<ul style="list-style-type: none"> • Cream of Mushroom Soup • Teriyaki Chicken • Fresh Yams • Sautéed Spinach • Mandarin Oranges 	<ul style="list-style-type: none"> • Salisbury w/Gravy • Oven Browned Potatoes • Italian Blend Vegetables • Fresh Fruit 	<ul style="list-style-type: none"> • Navy Bean Soup • Eggplant Rollatini • Penne Pasta • California Blend Vegetables • Cake 	<ul style="list-style-type: none"> • Asian Stew • Farfalle Noodles • Carrots • Fresh Fruit 	<ul style="list-style-type: none"> • Pasta Fagioli Soup • Breaded Fish • Coleslaw • Corn Niblets • Vanilla Ice Cream • DIAB-Diet Ice Cream
9	10	11	12	13
<ul style="list-style-type: none"> • Chicken Cutlet Parmesan • Whole Wheat Penne Pasta • Zucchini w/Tomatoes • Peaches 	<ul style="list-style-type: none"> • Split Pea Soup • Macaroni & Cheese • Stewed Tomatoes • Fresh Fruit 	<ul style="list-style-type: none"> • Stuffed Peppers • Mashed Potatoes • Mixed Vegetables • Cake • DIAB-Diet Cookie 	<ul style="list-style-type: none"> • Potato Leek Soup • Italian Sausage w/Peppers & Onions • Brown Rice • Fruited Jello w/Topping 	<ul style="list-style-type: none"> • Baked Fish Oreganata • Sautéed Orzo • Peas • Fresh Fruit
16	17	18	19	20
<ul style="list-style-type: none"> • Chicken Noodle Soup • Hamburger w/Sautéed Onions • Corn-on-Cob • Coleslaw • Fruit Cocktail 	<p style="text-align: center;"><u>ST. PATRICK'S DAY</u></p> <ul style="list-style-type: none"> • Corned Beef w/Mustard • Cabbage • Red Potatoes • Irish Scone 	<ul style="list-style-type: none"> • Vegetable Soup • Barbequed Chicken • Mashed Yams • Spinach • Cake • DIAB-Diet Cookie 	<ul style="list-style-type: none"> • Chicken Cacciatore • Oven Browned Potatoes • California Blend Vegetables • Pears 	<ul style="list-style-type: none"> • Mushroom Barley Soup • Breaded Flounder • Spaghetti w/Marinara Sauce • Peas • Fresh Fruit
23	24	25	26	27
<ul style="list-style-type: none"> • Stuffed Peppers • Mashed Potatoes • Carrots • Tropical Fruit Salad 	<ul style="list-style-type: none"> • Cream of Tomato Soup • Teriyaki Chicken • Herbed Stuffing • Succotash • Fresh Fruit 	<ul style="list-style-type: none"> • Meatloaf w/Gravy • Oven Browned Potatoes • Peas • Cake • DIAB-Vanilla Wafers 	<ul style="list-style-type: none"> • Lentil Soup • Pasta Bolognese • Lettuce & Tomato • Wheat Penne Pasta • Mandarin Oranges 	<ul style="list-style-type: none"> • Spanish Omelet • Rice • Spinach • Ice Cream • DIAB-Sugar Ice Cream
30	31			
<ul style="list-style-type: none"> • Potato Leek Soup • Turkey Chili • Shredded Cheese • Lettuce & Tomato • Pineapple 	<ul style="list-style-type: none"> • Pork Stew • Noodles • Peas • Fresh Fruit 			