

## FEBRUARY 2015

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<ul style="list-style-type: none"> <li>• Chicken Noodle Soup</li> <li>• Hamburger w/Sautéed Onions</li> <li>• Hash Browned Potatoes</li> <li>• Mixed Vegetables</li> <li>• Fresh Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Asian Stew</li> <li>• Rice</li> <li>• Broccoli</li> <li>• Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetable Soup</li> <li>• Barbequed Chicken</li> <li>• Mashed Yams</li> <li>• Spinach</li> <li>• Cake</li> <li>• DIAB–Diet Cookie</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Cacciatore</li> <li>• Oven Browned Potatoes</li> <li>• California Blend Vegetables</li> <li>• Pears</li> </ul>	<ul style="list-style-type: none"> <li>• Mushroom Barley Soup</li> <li>• Breaded Fish Cakes</li> <li>• Spaghetti w/Marinara Sauce</li> <li>• Fresh Fruit</li> </ul>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<ul style="list-style-type: none"> <li>• Stuffed Peppers</li> <li>• Mashed Potatoes</li> <li>• Carrots</li> <li>• Tropical Fruit Salad</li> </ul>	<ul style="list-style-type: none"> <li>• Cream Of Tomato Soup</li> <li>• Teriyaki Chicken</li> <li>• Herbed Stuffing</li> <li>• Succotash</li> <li>• Fresh Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Meat Loaf w/Gravy</li> <li>• Oven Browned Potatoes</li> <li>• Peas</li> <li>• Cake</li> <li>• DIAB–Diet Cookie</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Fish Scampi</li> <li>• Brown Rice</li> <li>• Broccoli</li> <li>• Fruited Jello w/Whipped Topping</li> <li>• DIAB–Diet Jello</li> </ul>	<ul style="list-style-type: none"> <li>• Lentil Soup</li> <li>• Pasta Bolognese</li> <li>• Lettuce w/Tomato</li> <li>• Penne Pasta</li> <li>• Valentine's Day Cake</li> </ul>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b><u>CENTERS CLOSED</u></b>	<ul style="list-style-type: none"> <li>• Chef's Stew</li> <li>• Farfalle Noodles</li> <li>• Peas</li> <li>• Fresh Fruit</li> </ul>	<b><u>ASH WEDNESDAY</u></b>	<b><u>CHINESE NEW YEAR</u></b>	<ul style="list-style-type: none"> <li>• Mushroom Barley Soup</li> <li>• Breaded Flounder w/Tartar Sauce</li> <li>• Mashed Potatoes</li> <li>• Spinach</li> <li>• Mandarin Oranges</li> </ul>
		<ul style="list-style-type: none"> <li>• Navy Bean Soup</li> <li>• Potato &amp; Cheese Perogie w/Sautéed Onions &amp; Sour Cream</li> <li>• Broccoli</li> <li>• Birthday Cake</li> <li>• DIAB–Diet Cookie</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Chow Mein w/Noodles</li> <li>• Rice</li> <li>• Eggroll</li> <li>• Ice Cream w/Fortune Cookie</li> </ul>	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<ul style="list-style-type: none"> <li>• Macaroni &amp; Cheese</li> <li>• Stewed Tomatoes</li> <li>• Italian Blend Vegetables</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Minestrone Soup</li> <li>• Meatballs w/Tomato Sauce</li> <li>• Tossed Salad</li> <li>• Whole Wheat Pasta</li> <li>• Pudding w/Topping</li> <li>• DIAB–Diet Pudding</li> </ul>	<b><u>BLACK HISTORY CELEBRATION</u></b>	<ul style="list-style-type: none"> <li>• Pea Soup</li> <li>• Pork w/Gravy</li> <li>• Mashed Potatoes</li> <li>• Red Cabbage</li> <li>• Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Fish w/Pineapple Salsa</li> <li>• Brown Rice</li> <li>• Broccoli Spears</li> <li>• Fresh Fruit</li> </ul>
		<ul style="list-style-type: none"> <li>• Breaded Chicken</li> <li>• Collard Greens</li> <li>• Black Eyes Peas</li> <li>• Sweet Potato Pie</li> </ul>		