





JUNE 2018

Thorpe Senior Activity Center Dominican Convent 175 Route 340 Sparkill, NY 845-359-4058 or 845-359-5801

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
				<p>10:00 Flex and Stretch w/Marion 11:00 Bingo w/Donna 1:00 Wii Bowling w/Yvonne</p>	<p>1</p> <p>***** SUMMER FAIR AT THORPE SATURDAY, JULY 14, *****</p> <p>ALL CENTER EVENT BOWLING TOURNAMENT AT THORPE JUNE 6, **** FLAG DAY CELEBRATION MUSIC BY JAMES KULICH JUNE 14, ****</p> <p>ALL CENTER EVENT BOW LINE PARK PICNIC WEST HAVERSTRAW JUNE 15, **** RED HAT LUNCHEON RIVERTOWN TAP HOUSE-PEIRMONT JUNE 26, **** ALERT AND ALIVE MEDITERRANEAN LENTIL SALAD W/ DIANE HOCH JUNE 28, ****</p>
<p>4</p> <p>9:45 History Iowa 12:45 Ceramics 1:00 Scrabble/Checkers 1:00 Stop and Shop</p>	<p>5</p> <p>9:45 Blood Pressure Screening 10:30 Poetic Short Stories w/Francine 12:30 Project Council 1:00 Wii Bowling Practice for Tournament</p>	<p>6</p> <p>10:30 ALL CENTER EVENT BOWLING TOURNAMENT HOSTED by THORPE</p>	<p>7</p> <p>10:00 Exercise w/Francine 11:00 Red Hat Gathering/ Swap Shop 11:15 Bananagrams 1:00 Dehydration w/Peter Fella</p>	<p>8</p> <p>10:00 Physical Fitness w/Miriam 11:00 'Our View" w/Pat 1:00 Bingo w/Donna 1:00 Orangeburg C.V.S./ Post Office</p>	
<p>11</p> <p>9:45 History Idaho Ceramics 12:45 Dollar Store - Valley Cottage 1:00 Rummique for Beginners</p>	<p>12</p> <p>10:15 Miniature Golf Closter, NJ 10:30 The Dean Martin Show 12:45 Bingo w/Donna 1:00 Officers Meet</p>	<p>13</p> <p>10:00 Literature A Man Called Ove Chapters 16-20 10:15 Rummique 10:30 Centering Circle w/Ellie 1:00 Modern Moves w/Charlese</p>	<p>14</p> <p>10:00 Exercise w/Francine 10:45 Renaissance Art Display-Orangeburg Flag Day Celebration 12:30 Music by James Kulich</p>	<p>15</p> <p>BOWLINE PARK PICNIC</p> <p>CENTER CLOSED</p>	
<p>18</p> <p>9:45 History Kansas 12:45 Ceramics 1:00 Rummique for Beginners 1:00 Foodtown Tappan</p>	<p>19</p> <p>10:30 Healthy Neighborhood w/Shari-Rockland Co. Health Dept. 1:00 Afternoon Yoga w/Mary</p>	<p>20</p> <p>10:00 Literature A Man Called Ove Chapters 21-25 10:15 Rummique 12:45 Birthday Celebration 1:00 General Membership Meeting</p>	<p>21</p> <p>10:15 Walking in Piermont Piermont Thrift Shop 10:30 Scrabble/Checkers 1:00 Dancersize w/Rafael</p>	<p>22</p> <p>10:00 Exercise w/Carmen 11:00 Trivia 1:00 Centering Circle w/Ellie 1:00 Orangeburg</p>	
<p>25</p> <p>9:45 History Nebraska 12:45 Ceramics 1:00 Shop Rite Northvale 1:00 Rummique for Beginners</p>	<p>26</p> <p>10:30 Dinner Theatre Arsenic & Old Lace 12:15 Red Hat Luncheon Rivertown Tap House Piermont</p>	<p>27</p> <p>10:00 Literature A Man Called Ove 10:15 Rummique 11:15 Make a Summer Dessert w/Francine 1:00 Intestinal Health Yoga w/Marlene</p>	<p>28</p> <p>10:00 Exercise w/Francine 10:30 ALERT & ALIVE Mediterranean Lentil Salad w/Diane Hoch 1:00 Louie's Ice Cream</p>	<p>29</p> <p>10:30 Songs and Poems To Laugh and Cry By w/Sr. Dorothy 1:00 Tai Chi w/John Hood 1:00 Orangeburg C.V.S./Post Office</p>	

The Thorpe Senior Centers Program is a Division of Meals on Wheels Programs & Services of Rockland County