

**JUNE 2018**

Ramapo Senior Activity Center, 484 New Hempstead Road, New City, N.Y. 10956 (845) 356-2244

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
				10:30 Blood Pressure Check 10:30 Puzzles/Games, 50/50 Friday 11:30 Lunch @ Red Lobster	1 Every day begins with: Breakfast Café & Announcements  <b>PROGRAMS ARE SUBJECT TO CHANGE</b>
10:30 Puzzles/Games 11:00 Bingo 1:00 Square Dancing w/Pat Cannon	10:30 Wii Bowling 11:00 Pokeno 12:30 Project Council Meeting 1:00 Alphabet Games (prizes!)	10:30 Wii Bowling Tournament at Thorpe SAC 11:00 Video Concert: TBD 1:00 No Bake Cooking w/Aileen	10:30 Coupon Club 10:30 Puzzles/Games 11:00 Health Factors in the Home 1:00 Shopping at ShopRite	10:30 Puzzles/Games 11:00 Calcium Talk & Milkshakes 1:00 Exercise w/Dolan 1:45 Trivia	 <b>Flag Day: June 14</b>
10:30 Puzzles/Games 11:00 Shopping at Dollar Store 1:00 Exercise w/Rafael* 1:30 Let's Play: Left, Right, Center	10:30 Wii Bowling 10:30 Puzzles/Games 11:00 Pokeno 1:00 Shopping at Good Will	10:30 Puzzles/Games 11:00 Exercise w/Charlese: Beach Boys 1:00 Bingo	10:30 Coupon Club 10:30 Puzzles/Games 11:00 Alert & Alive: Diane Hoch Cooking Demo 1:00 Shopping at ShopRite	<b>All-Center Picnic at Bowline Park</b> (pre-registration required \$4)	 <b>Happy Father's Day: June 17</b>
10:30 Paws for a Cause 10:30 Games/Puzzles 11:00 Bingo 1:00 Let's Play: Hangman	10:30 Wii Bowling 11:00 Pokeno 11:30 Nutrition w/Pam 1:00 Shopping at Dollar Store	10:30 Puzzles/Games 10:30 Spanish w/Julio 11:00 Craft w/Aileen 12:30 June Birthdays 1:00 Exercise w/Dolan	10:30 Coupon Club 10:30 Puzzles/Games 11:00 Bingo 1:00 Shopping at ShopRite	10:30 Puzzles/Games 11:00 Bingo 12:45 Tour of Waste Management Facility	*Sponsored by Friedwald Center  <b>Thursday, July 26: Pride of the Hudson Boat Trip</b>
10:30 Puzzles/Games 11:00 Let's Play: The Price is Right! 1:00 Exercise w/Rafael* 1:45 Center Council Meeting	10:30 Wii Bowling 10:30 Games/Puzzles 11:00 Pokeno 1:00 Bingo	10:30 Puzzles/Games 10:30 Spanish w/Julio 11:00 Exercise w/Charlese: Donna Summer 1:00 Shopping at Uncle Giuseppe's	10:30 Coupon Club 10:30 Puzzles/Games 11:00 Nyack Farmer's Market 1:00 Shopping at ShopRite	10:30 Puzzles/Games 11:00 Shopping at Auntie El's 1:00 Walking at Eugene Levy Park	<b>Tuesday, September 25: Boot Camp at RCC</b>  <b>Thursday, October 25: Oktoberfest</b>

The Ramapo Senior Centers Program is a Division of Meals on Wheels Programs & Services of Rockland County