

JUNE 2018

North Rockland Senior Center, 130 Samsondale Avenue, West Haverstraw, New York 10993 845-429-2090

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
				1 10:30 Wii Bowling 11:00 \$\$\$ Store 12:30 Rummikub 1:15 Shop Rite - Garnerville	<p>Cracker Barrel sign-up from 6/8-6/21. Van is \$3 for this trip</p> <p>Boat Trip on July 12. Sign up starts 5/31-6/28 Cost: \$10 plus \$2 for van. First come, first served!</p>
4 11:00 Jig Saw Puzzles 1:00 Hed Banz	5 11:00 Blood Pressure 12:30 Project Council 1:00 Tai Chi w/Linda	6 WII BOWLING TOURNAMENT AT THORPE 10:30 Walking to the Oldies 1:00 Pokeno	7 10:30 Trash 11:30 Rafael 1:00 All Center Bingo	8 10:30 Visit King's Daughter Library 12:30 Bean Bag Toss 1:15 Shop Rite-Stony Point	
11 10:30 Shopping @ Xmas Tree Store 1:00 Horse Shoe Game	12 11:00 Shari Stopler: Health and Safety in Your Home 1:00 All Center Bingo	13 10:30 Craft w/Barbara 1:00 Exercise w/Dolan	14 11:00 Tai Chi w/Linda 12:30 Name That Song 1:15 Shop Rite - Garnerville 	15 ALL CENTER PICNIC BOWLINE PARK 	
18 11:00 Healthy Snack Bingo 1:00 Nails by Barbara	19 10:30 <u>Alert & Alive</u> Food Evolution w/Diane Hoch-Mediterranean Lentil Salad 1:00 Trivia	20 11:00 Exercise w/John 1:00 All Center Bingo NATIONAL MILK SHAKE DAY	21 10:30 Uno 11:30 Rafael 12:30 Price is Right 1:15 Shop Rite - Stony Point	22 PARTY TIME WITH JAMES KULICH 	
25 10:30 Walking at Haverstraw Bay Park 1:00 Keeping Your Brain Young	26 10:30 Yoga w/Felicia 1:00 Day at The Races	27  Center Closed	28 10:30 Nyack Farmer's Market 1:00 All Center Bingo	29 11:00 Exercise w/Barbara 12:30 Kings in the Corner 1:15 Shop Rite- Garnerville	