








**FEBRUARY 2018**

North Rockland Senior Center, 130 Samsondale Avenue, West Haverstraw, New York 10993/ 845-429-2090

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
			<p>1</p> <p>10:30 Trash 11:30 Rafael 1:00 Kings in the Corner</p> 	<p>2</p> <p>Groundhog Day</p> <p>11:00 Wii Bowling 12:30 Art to Relax 1:15 Shop Rite-Stony Point</p>	<p>Olive Garden Sign-Up is from 2/5 to 2/16.</p> <p>Programs are subject to change.</p> <p>Please note that van donations are not included in trip or party costs unless specifically stated.</p>
<p>5</p> <p>11:00 10 Cents Bingo 1:00 Group Jig Saw Puzzle</p> 	<p>6</p> <p>11:00 Blood Pressure 1:00 <u>Alert &amp; Alive</u> Craft w/Michele Olsen</p>	<p>7</p> <p>11:00 First Soup of the Winter-Bacon Potato Corn Chowder 1:00 Music Trivia</p>	<p>8</p> <p>11:00 Bean Bag Toss 1:00 All Center Bingo</p>	<p>9</p> <p>11:00 LRC (bring your Quarters) 12:30 Chat Pack 1:15 Shop Rite-Garnerville</p>	
<p>12</p> <p>10:30 \$\$\$\$ Store- Spring Valley 1:00 TCM Movie of the Month</p>	<p>13</p> <p>11:00 Pokeno 1:00 Exercise w/Charlese to Motown</p>	<p>14</p> <p><b>VALENTINE'S DAY</b></p> <p>11:00 Peter Holmden Serenades Our <b>TEA PARTY</b> 1:00 All Center Bingo</p> 	<p>15</p> <p>10:30 WHES Visits 11:30 Rafael 1:00 Wii Bowling</p>	<p>16</p> <p>Chinese New Year (Year of the Dog) Celebrate with Games and DVD of their customs 1:15 Shop Rite-Stony Point</p>	
<p>19</p> <p><b>PRESIDENT'S DAY</b></p>  <p><b>CENTER CLOSED</b></p>	<p>20</p> <p>10:30 Gentle Yoga w/Felicia 11:00 Kings in The Corner 1:00 "Walk Wise Drive Smart" Speaker</p>	<p>21</p> <p>11:00 Exercise w/John 1:00 Craft with Barbara</p>	<p>22</p> <p>11:00 Exercise w/Dolan 12:30 All Center Bingo 1:30 Shop Rite-Garnerville</p>	<p>23</p> <p>Lunch at Olive Garden Shopping at TJ Maxx</p> <p><b>CENTER CLOSED</b></p>	
<p>26</p> <p>10:30 Rockland Bakery 1:00 Produce Bingo</p> 	<p>27</p> <p>11:00 All Center Bingo 1:00 <u>Alert &amp; Alive</u> Cornell Cooperative - "History of Lavender"</p>	<p>28</p> <p>Day at Thorpe Carolyn Eavens-Black History Presentation: "The Amistad &amp; The Margru Child"</p> <p><b>CENTER CLOSED</b></p>	