







**FEBRUARY 2018**

Clarkstown/Pearl River Senior Activity Center, 121 W. Nyack Road, Nanuet, N.Y. 10954 (845) 624-6334

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
 <b>Wear Red Day 2/2/18</b>	 <b>Center Closed 2/19/18</b>		<p style="text-align: right;"><b>1</b></p> 10:15 ShopRite Shopping 10:30 Try a New Board Game 1:00 Calendar Review and February Trivia	<p style="text-align: right;"><b>2</b></p> 10:30 National Wear Red Day! Woman's Heart Health Awareness Heart Facts 1:00 Bingo Ground Hog Day!	Every Morning Starts With:  TV/Social Hour Puzzles  Table Games  Rummikub Scrabble Card Games Puzzles  <u>PROGRAMS ARE SUBJECT TO CHANGE</u>
<p style="text-align: right;"><b>5</b></p> 10:15 XMAS TREE SHOPP 10:30 SHOPPING 1:00 Position Puzzle Exercise w/Dolan	<p style="text-align: right;"><b>6</b></p> 11:00 Long Term Care Discussion w/Darcy Bauer 1:00 Tasty Food Trends to Try in 2018	<p style="text-align: right;"><b>7</b></p> 10:30 Black History Month Famous Black Woman Achievements 11:00 Bands and Weights 1:00 Bingo	<p style="text-align: right;"><b>8</b></p> 10:15 ShopRite Shopping 11:15 Wii Bowling 1:00 Alert and Alive History of Lavender Make a Sachet	<p style="text-align: right;"><b>9</b></p> 10:30 Winter Olympics Begin! Let's Play! 11:30 Pyeongchang Facts 1:00 Bingo	
<p style="text-align: right;"><b>12</b></p> 10:30 Flu Fighting Foods 11:00 We Visit Kid's Kingdom 1:00 Healing Moves w/Marlene	<p style="text-align: right;"><b>13</b></p> 10:30 Meet w/Officers 11:00 Fat Tuesday Special Snack 11:30 Mardi Gras Facts 1:00 Exercise w/Rafael	<p style="text-align: right;"><b>14</b></p> <b>Valentine's Day</b> 10:30 Jokes and Games 11:00 Chris Durante Entertains Valentine Cake 1:00 Bingo Ash Wednesday	<p style="text-align: right;"><b>15</b></p> 10:15 ShopRite Shopping 11:30 Let's Celebrate the Chinese New Year Luncheon at Fortune Gardens	<p style="text-align: right;"><b>16</b></p> 10:30 Bingo 11:30 Chinese New Year Year of the Dog 12:45 Presidential Fun Facts and Inside the White House 1:30 Center Closes	
<p style="text-align: right;"><b>19</b></p>  <b>CENTER CLOSED</b>	<p style="text-align: right;"><b>20</b></p> 10:30 Blood Pressure Screening 11:15 True or False 1:00 Game Bands and Weights w/Pat	<p style="text-align: right;"><b>21</b></p> 10:30 Show and Tell Bring Something To Talk About 12:30 Book Club w/Marcia 1:00 Bingo	<p style="text-align: right;"><b>22</b></p> 10:15 ShopRite Shopping 11:00 Woman's Group Meets w/Bonnie 1:00 Exercise w/Miriam	<p style="text-align: right;"><b>23</b></p> 10:30 Scrambled Words w/Pat 11:15 Trivia Challenge 1:00 Bingo	
<p style="text-align: right;"><b>26</b></p> 11:00 Target Shopping 11:15 Color and Relax 1:00 Line dancing w/Charlese	<p style="text-align: right;"><b>27</b></p> 10:30 Right Left Center 11:00 Kid's Kingdom Visits 1:00 Exercise w/Rafael	<p style="text-align: right;"><b>28</b></p> 10:30 Officer's Address Seniors Georganne Sings! 1:00 Bingo			

The Clarkstown/Pearl River Senior Centers Program is a Division of Meals on Wheels Programs & Services of Rockland County