

ADULT DAY CARE OF ROCKLAND AT BOBBI LEWIS-GROUP B

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
|  | | | | |
| <p>6 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Top of the news & reach up high 10:30-11:30 Wild blueberry month- build recipe 11:30-12:00 Jam session w/instruments 1:00-2:00 Nostalgic song bingo 2:00-3:00 Ice cream & sing-a-long 3:00-4:00 Adult doodling 4:00-4:30 Furry companions</p>  | <p>7 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 This and that & tone it up 10:30-11:30 Fun trivia & David's coordination 11:30-12:00 entertainer 1:00-2:00 Are you smarter than 5th grader 2:00-3:00 Sweet snack & word game 3:00-4:00 Dominoes 4:00-4:30 Reminiscing</p> | <p>8 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Informative news & chair yoga 10:30-11:30 World cat day & categories 11:30-12:00 Basketball teams 1:00-2:00 Cat craft project 2:00-3:00 A nosh & trivia 3:00-4:00 Assorted games 4:00-4:30 Conversation cards</p>   | <p>9 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Summer fun & chair stretches 10:30-11:30 Let's do jingo/music trip 11:30-12:00 Noodle ball toss to tunes 1:00-2:00 Workout w/ Rafael 2:00-3:00 Cool snack & movie 3:00-4:00 Cards & more 4:00-4:30 Furry buddies</p> | <p>10 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Happy smiles & swing this way 10:30-11:30 National spoil your dog day 11:30-12:00 Bean bag toss 1:00-2:00 Dog craft project 2:00-3:00 Treat & tunes 3:00-4:00 Adult coloring 4:00-4:30 Puzzles</p>  <p style="text-align: center;">Madeline's birthday 8/5</p> |
| <p>13 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 News and views & chair yoga 10:30-11:30 Vinyl record day & Paws for Cause 11:30-12:00 Noodle ball toss to tunes 1:00-2:00 Dance therapy 2:00-3:00 A nosh & trivia 3:00-4:00 Assorted games 4:00-4:30 Puzzles</p> | <p>14 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Top of the news & reach up high 10:30-11:30 Ice cream sandwich day 11:30-12:00 Jam session w/instruments 1:00-2:00 Red Tie Singers 2:00-3:00 Snack & melodies 3:00-4:00 Fact or fiction 4:00-4:30 Furry companions</p>  | <p>15 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 This and that & tone it up 10:30-11:30 Relaxation with aroma therapy 11:30-12:00 Musical ball toss 1:00-2:00 Ultimate bingo 2:00-3:00 Sweet treat & word scrambles 3:00-4:00 Adult coloring 4:00-4:30 Furry buddies</p> <p style="text-align: center;">VJ's birthday</p> | <p>16 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Informative news & follow me 10:30-11:30 Connect 4 & Trouble/music trip 11:30-12:00 Laps & bean bag toss 1:00-2:00 Creative craft/ small group game 2:00-3:00 Ice cream & sing-a-long 3:00-4:00 Dominoes 4:00-4:30 Conversation cards</p>  | <p>17 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Summer fun & chair stretches 10:30-11:30 Phases of the moon 11:30-12:00 Shoot hoops for points 1:00-2:00 TGIF bingo together 2:00-3:00 Cool snack & movie 3:00-4:00 Cards & more 4:00-4:30 Puzzles</p>  |
| <p>20 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Happy smiles & swing this way 10:30-11:30 Household riddles & Alice pups 11:30-12:00 pet therapy 1:00-2:00 Family Feud 2:00-3:00 Cool snack & movie 3:00-4:00 Cards & more 4:00-4:30 Dominoes</p>  | <p>21 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Summer fun & chair stretches 10:30-11:30 Signs/symbols good luck/scenic trip 11:30-12:00 Basketball teams 1:00-2:00 Nostalgic song bingo 2:00-3:00 Treat & tunes 3:00-4:00 Adult coloring 4:00-4:30 Furry buddies</p>  | <p>22 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Top of the news & kick up those feet 10:30-11:30 Are you smarter than 5th grader 11:30-12:00 Laps & bean bag toss 1:00-2:00 Workout w/Rafael 2:00-3:00 Ice cream & sing-a-long 3:00-4:00 Dominoes 4:00-4:30 Furry companions</p> | <p>23 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 This and that & reach up high 10:30-11:30 Riddle time & sing with Peter 11:30-12:00 entertainment 1:00-2:00 Bingo for prizes 2:00-3:00 Sweet treat & word game 3:00-4:00 Assorted games 4:00-4:30 Puzzles</p>  | <p>24 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 News and views & raise your arms 10:30-11:30 The year was... & Boomer & Martin 11:30-12:00 pet therapy 1:00-2:00 Who wants to be a millionaire 2:00-3:00 A nosh & trivia 3:00-4:00 Adult doodling 4:00-4:30 Conversation cards</p> <p style="text-align: center;">Full moon 8/26</p> |
| <p>27 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Summer fun & chair stretches 10:30-11:30 History of coffee & categories 11:30-12:00 Basketball teams 1:00-2:00 Dance therapy 2:00-3:00 Treat & tunes 3:00-4:00 Adult coloring 4:00-4:30 Furry buddies</p> <p style="text-align: right;">Margaret's birthday</p> | <p>28 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Informative news & chair yoga 10:30-11:30 Bird facts & swing with Warren 11:30-12:00 entertainment 1:00-2:00 Arts & crafts 2:00-3:00 Cool snack & movie 3:00-4:00 Cards & more 4:00-4:30 Sharing memories</p>  | <p>29 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Happy smiles & swing this way 10:30-11:30 Michelle's art/table project 11:30-12:00 Art/musical ring toss 1:00-2:00 B-I-N-G-O 2:00-3:00 Sweet treat & word game 3:00-4:00 Reminiscing 4:00-4:30 Puzzles</p>  | <p>30 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 Top of the news & stomp your feet 10:30-11:30 Silly facts & Georgianna 11:30-12:00 entertainment 1:00-2:00 Arts & crafts/small group game 2:00-3:00 A nosh & trivia 3:00-4:00 Fact or fiction 4:00-4:30 Furry companions</p> | <p>31 8:30-9:30 Morning Social w/coffee & tea 9:30-10:30 This and that & tone it up 10:30-11:30 Labor Day facts 11:30-12:00 Noodle ball toss to tunes 1:00-2:00 TGIF bingo & matinee</p> <p style="text-align: center;">All clients to be picked up by 2:45pm</p>  |

Programs funded in part by the Administration on Aging, New York State Office for the Aging, Rockland County Office for the Aging, donations, grants and fees.